**IJCRT.ORG** 

ISSN: 2320-2882



# INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS (IJCRT)

An International Open Access, Peer-reviewed, Refereed Journal

# "Universal Design In Practice: How Modern Ramps Contribute To An Inclusive Built Environment"

Hawa Nachiya M<sup>1</sup>, Jenita T<sup>2</sup>, Pavai R<sup>3</sup>

- <sup>1</sup> Visiting Faculty, Mohamed Sathak AJ Academy of Architecture
- <sup>2</sup> Assistant Professor, Mohamed Sathak AJ Academy of Architecture
  - <sup>3</sup>Assistant Professor, PSG Institute of Architecture and Planning

Abstract: Universal Design (UD) aims to create environments that are accessible, usable, and inclusive for people of all abilities. This research investigates the role of ramps in embodying the seven principles of Universal Design, demonstrating how ramps can transcend their traditional role as mechanical solutions to enhance usability, safety, and aesthetic appeal.

The research begins by defining the seven principles of Universal Design—Equitable Use, Flexibility in Use, Simple and Intuitive Use, Perceptible Information, Tolerance for Error, Low Physical Effort, and Size and Space for Approach and Use—and explores how ramps can be designed to address these principles. Case studies of notable buildings such as the Ed Roberts Campus, Guggenheim Museum of Modern Art, Enabling Village by Woha, Akshay Pratishthan School, Amar Jyothi Charitable Trust, and Disha Resource Centre for Multiple Disabilities illustrate practical applications of these principles in real-world architectural contexts. The research highlights innovative approaches to ramp design, emphasizing their potential to function as design elements, integrate with landscaping, and convey cultural significance. By examining these aspects, the research underscores the importance of incorporating ramps thoughtfully into architectural design, not only to ensure accessibility but also to enhance the overall user experience and aesthetic value of spaces. The findings advocate for a broader perspective on ramp design, encouraging architects and designers to view ramps as integral components of inclusive design rather than purely functional elements. This approach fosters a more comprehensive understanding of Universal Design and promotes environments that are genuinely accessible and welcoming to all.

*Index Terms* - Universal Design principles, Equitable use, Accessibility in architecture, Seamless ramp integration

# 1. INTRODUCTION

Universal Design (UD) is a design philosophy that focuses on creating environments that accommodate the needs of all individuals, regardless of their physical abilities or limitations. Emerging in the late 20th century, UD was driven by a growing awareness of the barriers—both social and physical—that often hindered individuals, particularly those with disabilities, from fully engaging in public life. Rather than focusing solely on specific accessibility solutions, UD promotes the development of spaces, products, and systems that are inherently usable by as many people as possible. This approach minimizes the need for additional modifications or specialized designs, aiming to create more inclusive and accessible environments from the outset.

# 2. HISTORY OF UNIVERSAL DESIGN

The concept of Universal Design has its roots in post-World War II society, particularly as a response to the physical and social needs of returning disabled veterans. The visibility of disability rights movements during the 1960s and 1970s further spurred the demand for more inclusive environments. In the U.S., the 1973 Rehabilitation Act was a significant legislative milestone, prohibiting discrimination against individuals with disabilities in federally funded programs, including public and architectural spaces.

The term "Universal Design" was introduced by Ronald L. Mace, a pioneering architect and advocate who had a disability himself. Mace argued for a shift in design thinking—rather than retrofitting buildings to accommodate specific needs, he proposed designing spaces that inherently work for all people. His vision extended beyond accessibility compliance, aiming to create environments that promote equity, independence, and dignity for everyone.

Mace and a team of experts formalized the seven principles of Universal Design in 1997 at North Carolina State University. These principles—Equitable Use, Flexibility in Use, Simple and Intuitive Use, Perceptible Information, Tolerance for Error, Low Physical Effort, and Size and Space for Approach and Use—serve as a guide for evaluating and creating inclusive and usable environments. These principles have since been widely adopted in architecture, product design, and urban planning, becoming central to the global movement for accessibility.

# 3. USER GROUPS IN UNIVERSAL DESIGN

At the heart of Universal Design is the goal of inclusivity, ensuring that spaces are accessible and beneficial to a wide array of users. The key user groups served by UD include:

- People with Disabilities: Individuals with physical, sensory, or cognitive disabilities are one of the core user groups for UD. The design philosophy ensures that people with mobility impairments, sensory challenges, or intellectual disabilities can navigate and use spaces independently and safely.
- Older Adults: As the global population ages, environments must accommodate the needs of older adults who
  may experience reduced mobility, strength, or sensory perception. Universal Design addresses these
  challenges, providing environments that allow older adults to live and move with ease and safety.
- Children: Children interact with their environments differently than adults, often requiring adaptations such as lower surfaces, simplified navigation, and increased safety. Universal Design caters to their needs by providing environments that are safer and more user-friendly for young users.
- People with Temporary Disabilities: Those with temporary conditions, such as injuries or post-surgical limitations, also benefit from UD. Features like ramps and handrails make environments more accessible and easier to use during recovery.
- Parents with Strollers or Individuals with Heavy Luggage: Universal Design accommodates those with strollers or people carrying large or heavy items. Ramps, wide passageways, and elevators ease the movement of these groups through public spaces.
- Non-Native Language Speakers: For individuals unfamiliar with the local language, Universal Design simplifies interactions with spaces through intuitive layouts, clear signage, and universal symbols, reducing confusion and improving their experience.
- People with Varying Literacy Levels: Simple and intuitive design benefits users with varying levels of literacy. Universal pictograms, straightforward navigation, and clear visual communication ensure that these individuals can use and understand public spaces with ease.
- By addressing the needs of diverse user groups, Universal Design fosters inclusivity, creating environments that are functional, welcoming, and usable for all individuals, not just specific populations.

#### 4. HIERARCHY OF DESIGN INCLUSIVITY IN UNIVERSAL DESIGN

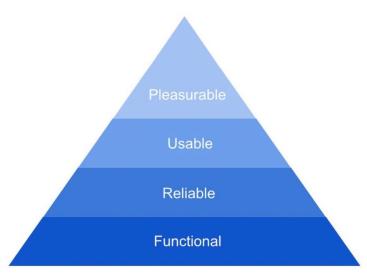


Figure a) Pyramid of user needs according to Aaron Walter functionality-reliability-usability-pleasurability

Building on the principles of Universal Design and the user groups it serves, we can better understand how these needs are met by conceptualizing a Hierarchy of Design Inclusivity. This model, adapted from Aaron Walter's Hierarchy of User Needs, demonstrates how design evolves from fulfilling basic accessibility requirements to creating environments that are fully inclusive and enjoyable for all users.

# Functional (Base Level):

At the foundation of the pyramid is functionality, where design meets the essential accessibility needs of people with disabilities. Features like ramps, elevators, wide doorways, and accessible restrooms allow individuals with mobility impairments to access spaces. This is the bare minimum requirement for Universal Design, ensuring that environments comply with accessibility laws.

# Reliable (Second Level):

Next, reliable design ensures that environments are consistently accessible and adaptable for other user groups, such as older adults and individuals with temporary disabilities. This level includes features like non-slip surfaces, handrails, and stable, intuitive layouts, providing consistent usability across a variety of physical conditions.

#### Usable (Third Level):

The third level of the pyramid focuses on usability for a broader audience, including children, non-native speakers, and individuals with low literacy. At this stage, Universal Design incorporates simple and intuitive navigation, clear signage with pictograms, and straightforward features that make spaces easy to use and understand for everyone.

# • Inclusive and Enjoyable (Top Level):

At the top of the pyramid is inclusive and enjoyable design, which aims to create environments that are not only accessible and functional but also dignified and pleasurable for all users. This level emphasizes aesthetically pleasing, well-integrated design elements that contribute to an enjoyable user experience. Features such as beautifully designed ramps or public spaces that enhance cultural engagement make environments welcoming and enjoyable for everyone, fostering a sense of belonging.

# 5.APPLICATION OF THE HIERARCHY TO USER GROUPS

This Hierarchy of Design Inclusivity helps categorize how various user groups benefit from Universal Design:

• People with Disabilities: Benefit primarily from the functional and reliable aspects of design, ensuring essential accessibility and consistent usability.

- Older Adults and People with Temporary Disabilities: Depend on the reliable level to ensure spaces are adaptable and user-friendly for their specific needs.
- Children, Non-Native Speakers, and Individuals with Low Literacy: Benefit most from the usable aspects of design, which ensure clear, simple, and intuitive interaction with environments.
- All Users: Ultimately, Universal Design aims to provide an inclusive and enjoyable experience for everyone, enhancing the dignity and overall user experience of all individuals who interact with the space.

#### 6.THE ROLE OF RAMPS IN UNIVERSAL DESIGN

Historically, ramps have been seen primarily as functional structures meant to provide access to individuals with mobility impairments. However, within the framework of Universal Design, ramps are recognized for their potential to do more than just meet accessibility standards. Thoughtfully designed ramps can embody all seven principles of Universal Design, enhancing the usability, safety, and aesthetic appeal of a space for all users, not just those with disabilities.

This research explores how ramps, when designed according to Universal Design principles, can transcend their functional role to become integral elements of inclusive design. By examining notable architectural projects and innovative ramp designs, this study highlights how ramps contribute to creating environments that are accessible, functional, and appealing to all users.

#### 7.METHODOLOGY

To evaluate how ramps were integrated into the architectural design of the selected case studies, we applied a qualitative analysis using the seven principles of Universal Design as our framework. Each principle— Equitable Use, Flexibility in Use, Simple and Intuitive Use, Perceptible Information, Tolerance for Error, Low Physical Effort, and Size and Space for Approach and Use—was used as a criterion for scoring the ramps.

Due to limitations in accessing physical dimensions and firsthand user feedback, the assessment was based on visual analysis of publicly available images and architectural descriptions of the ramps. Each case study was scored on a scale of 1 to 5 for each principle, with 1 indicating minimal adherence and 5 representing exemplary integration of the principle.

The table created in this analysis reflects the cumulative scores for each case study, providing a clear comparison of how well the ramps embody the principles of Universal Design. This evaluation highlights both the functional and aesthetic roles ramps play in creating inclusive environments.

#### 7.1. Evaluation Criteria:

- Equitable Use: Evaluates whether the ramp provides access to all individuals, without stigmatizing or isolating those with disabilities.
- Flexibility in Use: Considers how well the ramp accommodates a diverse range of preferences and abilities.
- Simple and Intuitive Use: Assesses the ease with which individuals of all abilities can use the ramp without specialized knowledge.
- Perceptible Information: Focuses on the availability of clear design cues or signage to assist all users, including those with sensory impairments.
- Tolerance for Error: Measures the design's ability to minimize hazards and provide safe usage even in case of user errors.
- Low Physical Effort: Examines how the ramp is designed to be used with minimal physical strain, especially for those with mobility challenges.
- Size and Space for Approach and Use: Evaluates whether the ramp provides sufficient space for users of varying mobility, including those using assistive devices.

# 7.2. Results / Analysis (Table Integration):

After applying the seven principles of Universal Design to each of the selected case studies, the following scores were calculated:

Table 1: Evaluation of Ramp Designs in Architectural Case Studies Based on Universal Design Principles

Case Study	Equitable Use	Flexibility in Use	Simple and Intuitive Use	Perceptible Information	Tolerance for Error	Low Physical Effort	Size and Space for Approach and Use	Total (35)
Ed Roberts Campus	5	5	4	4	5	5	5	33
Guggenheim Museum of Modern Art	4	4	5	4	3	4	5	29
Enabling Village by Woha	5	5	5	5	4	5	5	34
Akshay Pratishthan School	4	3	3	3	4	3	4	24
Amar Jyothi Charitable Trust	5	4	4	4	4	5	5	31
Disha Resource Centre for Multiple Disabilities		4	3	4	4	4	4	27

#### 7.3. Discussion:

The table illustrates how ramps in various case studies align with the seven principles of Universal Design, revealing varying degrees of integration and effectiveness:

Ed Roberts Campus: Scored exceptionally high due to its commitment to equitable use, flexibility, and userfriendly design. The ramp is not merely functional but integral to the design, providing seamless access for all users.



Figure 1: Ramp design at Ed Roberts Campus, illustrating seamless integration with the architecture.

Guggenheim Museum of Modern Art: The ramp serves as a central feature, scoring high in terms of aesthetics and intuitive use. However, it falls slightly in terms of perceptible information and tolerance for error, as signage and safety measures could be improved for those with visual or cognitive impairments.



Figure 2: The spiraling ramp of the Guggenheim Museum, serving as both an artistic centerpiece and primary access route, exemplifying Simple and Intuitive Use but with room for improvement in Perceptible Information and Tolerance for Error.

Enabling Village by Woha: Achieved near-perfect scores due to its comprehensive integration of ramps into both the architectural and landscape design, which exemplifies Universal Design principles across the board.



Figure 3: Ramp at Enabling Village, integrated into the landscape design, highlighting principles of Low Physical Effort and Flexibility in Use.

Akshay Pratishthan School: While the ramp design supports flexibility and safety, its overall integration into the architectural environment is less pronounced, reflecting the more utilitarian approach often found in school buildings.



Figure 4: Ramp at Akshay Pratishthan School, functioning primarily as a functional element, with opportunities to enhance Simple and Intuitive Use.

Amar Jyothi Charitable Trust: This project scores high on equity and usability, with ramps designed to ensure access for all. However, it could improve in terms of simplicity and signage to further enhance user experience.



Figure 5: Ramp at Amar Jyothi Charitable Trust, demonstrating solid adherence to Equitable Use and Low Physical Effort, with potential for improvement in Perceptible Information.

Disha Resource Centre for Multiple Disabilities: While the ramp design is effective, there is room for improvement in flexibility and simplicity, suggesting the need for more intuitive design cues and ease of use for diverse user groups.



Figure 6: Ramp at Disha Resource Centre, supporting accessibility with room for enhancement in Flexibility in Use and user guidance.

#### 7.4. Results and Findings:

The evaluation of the selected case studies against the seven principles of Universal Design yielded insightful results, highlighting the varying degrees of integration and effectiveness of ramp designs in promoting accessibility and inclusivity. The following findings summarize the key observations from the assessment:

# 7.4.1. Case Study Evaluations:

# **Ed Roberts Campus:**

Total Score: 33/35

The Ed Roberts Campus scored exceptionally high across all criteria, particularly in Equitable Use and Flexibility in Use. The ramp design is well integrated into the building's architecture, providing seamless access for all users. It also offers clear signage and intuitive navigation, enhancing the overall user experience.

# **Guggenheim Museum of Modern Art:**

Total Score: 29/35

This iconic building features a spiraling ramp that serves both functional and aesthetic purposes. It received high marks for Simple and Intuitive Use but scored lower in Tolerance for Error and Perceptible Information, indicating that while the ramp is visually striking, improvements could be made in user guidance and safety measures for individuals with disabilities.

# Enabling Village by Woha:

Total Score: 34/35

The Enabling Village exemplifies the principles of Universal Design, scoring near perfect on all criteria. Its ramps are seamlessly integrated into the landscape, ensuring accessibility while enhancing the visual appeal of the environment. The design accommodates diverse user needs, providing a truly inclusive experience.

#### **Akshay Pratishthan School:**

Total Score: 24/35

While the ramp design allows for some accessibility, it received lower scores in Flexibility in Use and Simple and Intuitive Use. The ramp's design could benefit from clearer signage and intuitive features to support users with varying mobility levels.

# **Amar Jyothi Charitable Trust:**

Total Score: 31/35

This facility demonstrates a solid understanding of Universal Design principles, particularly in terms of Equitable Use and Low Physical Effort. The ramp is well-constructed and provides good access for users with disabilities, though enhancements in Perceptible Information could further improve the experience.

# Disha Resource Centre for Multiple Disabilities:

Total Score: 27/35

The ramp design at this center reflects a commitment to accessibility, but it shows room for improvement in Flexibility in Use and Simple and Intuitive Use. Enhancements such as clearer navigation aids and adaptable features could make it more user-friendly for a wider range of abilities.

# 7.4.2. Overall Insights:

The analysis reveals that successful ramp design is characterized by a holistic approach that integrates usability, aesthetics, and user experience. High-scoring examples, such as the Ed Roberts Campus and Enabling Village, demonstrate that ramps can be both functional and beautiful when designed thoughtfully. Conversely, lower-scoring case studies indicate that many ramps are still treated as secondary elements, often lacking in intuitive design and comprehensive user support. This highlights the ongoing need for architects and designers to embrace the principles of Universal Design fully, recognizing that accessibility should be a foundational aspect of any architectural endeavor.

In summary, the findings underscore the importance of considering ramps as integral components of design rather than mere functional add-ons. By prioritizing these principles, the architectural community can move

closer to creating environments that are genuinely inclusive and supportive of all individuals, regardless of their physical abilities.

#### 8. INFERENCE

The analysis of the six case studies reveals that ramps, when designed as integral components of the architecture, not only fulfill their functional roles but also contribute to the built environment's overall aesthetic, usability, and inclusiveness. High-scoring examples, such as the Ed Roberts Campus and the Enabling Village, demonstrate that ramps can seamlessly blend into both architectural and landscape design, serving as core elements rather than afterthoughts. These examples highlight that ramps, when properly integrated, enhance user experience and equity, ensuring that all individuals, regardless of physical ability, can access and enjoy spaces equally.

Moreover, the diversity in scores across the case studies suggests that while some projects succeed in elevating ramps as design elements, others, like the Akshay Pratishthan School, still treat them primarily as functional necessities. This indicates that a more thoughtful application of Universal Design principles—particularly regarding flexibility, perceptible information, and aesthetic integration—can transform ramps from utilitarian structures into symbols of inclusivity and human-centered design. The research underscores the importance of considering ramps as essential architectural features that embody the broader goals of Universal Design, promoting not just access but also dignity and equity.

#### 9. CONCLUSION

This research highlights the crucial role ramps play in fostering inclusivity in architectural design, as demonstrated by the evaluation of case studies through the lens of Universal Design principles. The findings reveal that ramps can transcend their functional roles when they are thoughtfully integrated into the overall design of buildings. Not only do they provide access to all individuals, but they can also enhance the aesthetic and spatial experience of a building.

By assessing ramps based on criteria such as equitable use, flexibility, and perceptible information, this study emphasizes the need for ramps to be more than just mechanical solutions. The best examples from the case studies show how ramps can serve as design features that unify form and function, ensuring that spaces are accessible, beautiful, and inclusive for everyone.

The research advocates for a shift in design thinking: rather than viewing ramps as separate, add-on structures, architects should consider them integral to the flow and design of a space. This approach will help advance Universal Design's mission of creating environments that are not only functional but also welcoming and usable by all individuals, regardless of their physical abilities.

In conclusion, the integration of ramps as essential architectural elements reflects a more human-centered design approach that promotes dignity, independence, and equity for all. By aligning future projects with Universal Design principles, we can continue to develop environments that support and include every member of society.

#### **REFERENCES:**

- 1. Connell, B. R., & Sanford, J. A. (1999). Research implications of universal design. In Enabling environments: Measuring the impact of environment on disability and rehabilitation (pp. 35-57). Boston, MA: Springer US.
- 2. Canadian Human Rights Commission. (2007). International best practices in universal design: a global review.
- 3. Meşhur, H. F., & Yılmaz Çakmak, B. (2018). Universal design in urban public spaces: the case of Zafer Pedestrian Zone/Konya-Turkey. Iconarp international Journal of architecture and planning.
- 4. Jones, P. (2014). Situating universal design architecture: designing with whom? Disability and rehabilitation, 36(16), 1369-1374.
- 5. Aslaksen, F., Bergh, S., Bringa, O. R., & Heggem, E. K. (1997). Universal design: Planning and design for
- 6. Duman, Ü., & Asilsoy, B. (2022). Developing an evidence-based framework of universal design in the context of sustainable urban planning in Northern Nicosia. Sustainability, 14(20), 13377.
- 7. de Souza, S. C., & de Oliveira Post, A. P. D. (2016). Universal Design: an urgent need. Procedia-Social and Behavioral Sciences, 216, 338-344.
- 8. Null, R. (Ed.). (2013). Universal design: Principles and models. CRC Press.
- 9. Preiser, W. F., & Smith, K. H. (2011). Universal design at the urban scale. Universal Design Handbook (2 ed., pp. 20.1-20.8). New York: Mcraw-Hill.
- 10. Sanford, J. A. (2012). Universal design as a rehabilitation strategy: Design for the ages. Springer Publishing Company.
- 11. Das, S. (2020). Disability and public spaces: universal design approaches. Disability Studies in India: Interdisciplinary Perspectives, 61-74.
- 12. Winance, M. (2014). Universal design and the challenge of diversity: reflections on the principles of UD, based on empirical research of people's mobility. Disability and rehabilitation, 36(16), 1334-1343.
- 13. Hart, M. (2019). The Importance of Universal Design on College Campuses. Philologia, 11(1), 7-12.
- 14. Pavlenko, T., Lytvynenko, T., Ivasenko, V., & Zyhun, A. (2020, June). Design Principles for Inclusive Environment of Urban Agrorecreational Eco-complexes. In International Conference BUILDING INNOVATIONS (pp. 535-551). Cham: Springer International Publishing.
- 15. Filová, N., Rollová, L., & Čerešňová, Z. (2022). Universal Design Principles Applied in Museums' Historic Buildings. Prostor: znanstveni časopis za arhitekturu i urbanizam, 30(1 (63)), 92-105.
- 16. Chan, E. H., Lee, G. K., & Chan, A. T. (2009). Universal design for people with disabilities: A study of access provisions in public housing estates. Property Management, 27(2), 138-146.
- 17. Lid, I. M. (2014). Universal design and disability: An interdisciplinary perspective. Disability and rehabilitation, 36(16), 1344-1349.
- 18. Gossett, A., Gossett, A., Mirza, M., Barnds, A. K., & Feidt, D. (2009). Beyond access: A case study on the intersection between accessibility, sustainability, and universal design. Disability and Rehabilitation: Assistive Technology, 4(6), 439-450.
- 19. Story, M. F., Mueller, J. L., & Mace, R. L. (1998). The universal design file: Designing for people of all ages and abilities.
- 20. Korniyenko, G. (2023). Universal Design and Inclusive Participation. In The Routledge Handbook of Inclusive Education for Teacher Educators (pp. 45-57). Routledge India.