



Role Of Feed The Soul (FTS) Energy Healing System Protocols In Treating Kidney Stones: A Case Study Of A 42-Year-Old Working Professional

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ABSTRACT

Introduction: This paper presents the case of a 42-year-old male residing in India, whose USG of the abdomen and pelvis revealed multiple calculi or kidney stones in the mid pole of his right kidney, with the largest measuring ~ 4.6mm. He had availed distal FTS energy healing sessions for the treatment of his condition.

Method: Through examination of patient medical records, FTS energy healing intervention records and patient comments, this paper used the case study technique.

Results: Healings were started 1 day after the patient felt intense pain and discomfort in the abdominal area. On the first day of healing, the intensity of pain and discomfort reduced to a great degree, which helped the patient to sleep. The third day of healing resulted in small black/brown particles being passed through urine. The re-evaluation of the condition through a CT scan showed no-evidence of the renal calculi or kidney stones. A full recovery was observed within a span of four days, without the need for any strong medication or any surgery to remove the stones.

Conclusions: While being a complementary and alternative medicine, FTS energy healing protocols are quite effective in the successful treatment of a variety of diseases, regardless of the proximity between the healer and the patient (CAM). It is necessary to conduct ongoing research on this occurrence using the appropriate sample group and methods. Furthermore, training healthcare professionals and associates in holistic and touch-free energy healing methodologies would be extremely beneficial, making therapies more affordable to patients.

Keywords: kidney stones, Renal Calculi, Feed The Soul (FTS) Energy Healing System

1 | INTRODUCTION

A case of a 42-year-old male patient who had multiple calculi in the mid pole of the right kidney, whose wife had approached a FTS energy healer based in Delhi, India, seeking relief from pain and discomfort along with possible normalization of her husband's condition.

Upon medical diagnosis of the condition gave the following impressions:

1. Grade 1 fatty liver
2. Right mild hydronephrosis with calculi

The healer was approached with a view of resolving the sharp pain in his abdominal area, with the help of energy healing techniques.

This paper presents this case study of successful treatment of kidney stones and other underlying issues using FTS energy healing system protocols leading to a normalized condition of the liver and kidney.

2 | **METHOD**

Through examination of patient medical records, FTS energy healing intervention records and patient comments, this paper used the case study technique.

FTS INTERVENTION

Healing treatment for kidney stones.

The case was referred to the healer, by the patient's wife when the pain and discomfort in the abdominal area got out of hand.

A USG test of the Abdomen and Pelvis taken on 15th October 2021 showed multiple calculi in the mid pole, largest of them measuring ~ 4.6mm.

The Healer consulted the patient with regard to their physical discomfort and the healer prescribed him to do the Forgiveness Sadhana only, since the patient was in no shape and form to be able to do the Rhythmic abdominal breathing. Immediately after conversing with the patient, the healer conducted healing sessions to initially relieve the physical pain and discomfort, and later on the intensity of healings were increased with the sole focus of dissolving the kidney stones.

The period of treatment spanned across four days, 14th October 2021 to 18th October 2021, with each session being 30 minutes long, and about 3 sessions of healing were conducted in a day.

For this purpose, the healer used techniques of

1. Standard FTS Psychological Energy Healing
2. FTS Level 5 healing for kidney stones.

During this period of healing, the patient experienced sound sleep, along with a calm and relaxed state of being. A USG report taken on 18th October showed that there were no renal calculi present in his kidneys.

3 | **RESULTS**

Very first and immediate result, the patient experienced a pain-free sleep for a few hours, on the night of the first day (14th October 2021) of receiving the healing. On the third day of healing, the patient passed tiny black/brown particles through his urine. On the 4th day, the second CT scan along with laparoscopic intervention showed no evidence of any renal calculi. Also, there was a significant shift in the creatinine levels of the patient, 1.4 mg/dl to 1.0 mg/dl.

Following is a Brief account of events in the patient's own words:

“I never thought the tail end of my Hyderabad trip would cause so much pain and discomfort. I was on an official trip to Hyderabad. The day 13th of October morning started well and my business meetings for the day went well and I booked a return ticket to Chennai, my home for the next day. Things were normal even at bed time of 13th and all of a sudden, I got a severe pain in my right side of my stomach and I thought it's due to the body heat and

I could manage. But things are not that easy when hours move on and it becomes unmanageable pain and I had to visit a local hospital for an emergency in the wee hours of 14th October. Local hospital prescribed medicine and pain killers for my stomach ache with a few injections. Now my only thought was to manage my return flight to Chennai without any severe illness.

14th October Morning, without an overnight sleep, I was totally tired and somehow managed to reach Chennai with the help of a pain killer. I thought the pain would fade away with some tender coconut water and the prescribed pills. But things didn't happen as expected, again I got severe pain at midnight. I was literally wandering in my house without knowing what to do. Here comes the first help, my wife connected uncle Mr.J. Venkatasubramaniam to the situation. With help of JVS uncle's healing procedures, able to sleep for a few hours without pain.

15th October awaits with a surprise for me, yes, my gastroenterologist confirms, kidney stones are the root cause of the pain after an Ultrasound and a detailed blood test. Blood test revealed by Creatinine value is 1.4 and needs a Urologist intervention to handle the 4.5 mm stones. Now I am worried about further medical procedures and being able to get an appointment of a urology expert for 18th October Morning without knowing the "magical 24 hours" is about to begin. JVS 'uncle arranged for multiple joint healing sessions with FTS friends. The next day 16th October, I witnessed tiny black/brown particles passing through my urination for at least 3-4 hours. 16th and 17th October passed without any discomfort. Again 17th midnight witnessed a brief pain during the late hours.

18th Morning, I visited a urologist and had to do a CT scan and detailed blood test again to arrive at the next set of treatment procedures including a laparoscopic intervention for my kidney stone treatment. To my surprise the CT scan showed NO EVIDENCE of kidney stones and my creatinine level comes to 1.0. My urologist declares no further treatment is required and reaches home with simple diet recommendations.”

Follow up:

The FTS Energy Healer followed up with the patient later on, about a month after the problem was resolved. He is quite happy and has been following his normal routine and is traveling as well. Overall, everything is good. He practices the Meditation for Peace, Awareness and Illumination, though not very regularly, but as often as possible. He even practices the forgiveness sadhana, along with the Rhythmic Abdominal Breathing. He also tries to attend the Online Divine healing sessions, whenever time permits.

4 | DISCUSSION

Kidney Stones

Kidney stones, also known as renal calculi, are hard, mineral deposits that form in the kidneys. These stones can vary in size, shape and composition, and can cause severe pain and discomfort when they move through the urinary tract.[1][2]

There are four main types of kidney stones: calcium stones, uric acid stones, struvite stones, and cystine stones.[2] Calcium stones are the most common type of kidney stone, and are usually composed of calcium oxalate or calcium phosphate.[3] Uric acid stones are formed from the buildup of uric acid in the urine, and are more common in men than in women.[4] Struvite stones are formed by the infection of the urinary tract, and are composed of magnesium, ammonium, and phosphate.[5] Cystine stones are the least common type of kidney stone, and are caused by a genetic disorder that causes an excess of cystine in the urine.[6]

In North America, the prevalence of kidney stones is relatively high. According to data from the National Kidney Foundation, approximately 1 in 11 people in the United States will develop kidney stones at some point in their lives, with the affected being about 10% of men and 7% of women, with the highest incidence occurring in men between the ages of 30 and 50.[7][8] The incidence of kidney stones is also increasing in this region, with a reported increase of 70% in the past three decades. On the other hand, the prevalence of kidney stones is lower in Europe, Asia, and Africa than in North America. According to studies published in the Journal of Urology, the incidence of kidney stones in Europe, Asia, and Africa ranges from 5-9%, 1-5%, and 1-2% respectively.[9][10]

There are several factors that can contribute to the formation of kidney stones. These include a diet high in sodium and animal protein, a lack of fluids, and certain medical conditions such as gout and hyperparathyroidism. Additionally, certain medications, such as diuretics and calcium-containing supplements, can also increase the risk of kidney stones.[1][11]

Treatment options for kidney stones vary depending on the type and size of the stone, as well as the symptoms and overall health of the patient. Small stones may pass on their own with the help of increased fluid intake and pain management. Larger stones may require more invasive treatments such as shock wave lithotripsy (SWL), ureterorenoscopy (URS), or percutaneous nephrolithotomy (PCNL). Medications such as alpha blockers may also be prescribed to help the stones pass more easily. In some cases, surgery may be necessary to remove the stones.[8]

Preventive measures to reduce the risk of kidney stones include increasing fluid intake, limiting the intake of sodium and animal protein, and maintaining a healthy diet and weight. Additionally, it is important to have regular check-ups with a healthcare provider to monitor any medical conditions that may contribute to the formation of kidney stones.[11]

FTS Energy Healing System

Feed the Soul (FTS) Energy Healing is a holistic system based on ancient texts that has been scientifically validated. Despite its ancient roots, this holistic system takes an integrative approach and is highly adaptable to today's lifestyle. This holistic system is founded on two key principles, as mentioned below:

1. The physical body has the ability to heal itself. A minor cut, for example, does not require immediate medical attention; instead, we usually apply an ointment to it and let it heal on its own. The same self-healing mechanism works in cases involving severe physical problems as well, but there could be delays in complete recovery depending on the severity of the ailment.
2. In order for healing to occur, the body needs life-energy, or prana. Increasing life-energy on the affected area(s) as well as the entire body may hasten the process of healing. This life-energy is available all around us and it can be synthesized by a proficient energy healer before being channeled to the patient.

Aside from the foundational principles, the FTS energy healing system is made up of three components, as mentioned below:

1. A group of modules that can be practiced independently by the user. Rhythmic Abdominal Breathing, Forgiveness Sadhana, [12][13] and The Meditation for Peace, Awareness, and Illumination are the three modules.
2. Energy healing, which can be given to a patient by a trained healer or the patient can perform self-healing on themselves after learning the techniques of energy healing from a certified FTS Trainer.
3. Character purification, which is motivated by the desire to bring peace and bliss to the world.

FTS energy healing can be delivered in either a direct/proximal mode or a distant/distal mode. In the direct/proximal mode, the trained healer serves as a conduit for healing energies while standing in front of the patient (in the same place). In the distant/distal mode, the trained healer acts as a channel for healing energies while separated from the patient by a considerable distance, ranging from hundreds to thousands of kilometers, by using the earth's energy field as a medium.

Experience-based data supported by documentation shows that it is used successfully as a substitute and complementary medication for a wide range of ailments. The FTS energy healing method has been used to address emotional and psychological issues, as well as to relieve the stresses of daily life related to work and finances. It is primarily used in conjunction with other healing techniques such as homoeopathy, allopathy, and ayurveda as a contact-free, drug-free therapeutic system. However, there have been numerous instances where FTS energy healing alone has been ample to treat the condition or disease (be it physical or psychological).

5 | CONCLUSIONS

While being a complementary and alternative medicine, FTS energy healing protocols are quite effective in the successful treatment of a variety of diseases, regardless of the proximity between the healer and the patient (CAM). It is necessary to conduct ongoing research on this occurrence using the appropriate sample group and methods. Furthermore, training healthcare professionals and associates in holistic and touch-free energy healing methodologies would be extremely beneficial, making therapies more affordable to patients.

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Conflicts of Interest

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