



MANONMANIAM SUNDARANAR UNIVERSITY

Reaccredited with 'A' Grade (CGPA 3.13 Out of 4.0) by NAAC (3rd Cycle)
Tirunelveli - 627012, Tamilnadu, India



**CENTRE FOR PHYSICAL EDUCATION
MANONMANIAM SUNDARANAR UNIVERSITY**

&

**St. ALPHONSA COLLEGE OF ARTS AND SCIENCE
KARINKAL, KANNIYAKUMARI**

organised

NATIONAL CONFERENCE

on

**RECENT TRENDS IN
MULTIDISCIPLINARY APPROACH TO
SPORTS AND SPORTS SCIENCES**

NCR TM ASS 24-25

**Venue: St. Alphonsa College of Arts and Science,
Karinkal, Kanniyakumari.**



**14th & 15th
March 2025**



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"Current Trends in Sports"

Dr. D. Shunmuganathan
Former Prof cum Director and Head
Department of Physical Education & Sports
M.S University, Tirunelveli

"Geoinformatics System in Physical Education and Sports"

Dr. V. Mahadevan
Director
Department of Physical Education & Sports
University of Madras, Chennai



"Enhance Cognitive Performance: Lifestyle Essentials"

Dr. Dhinu M.R.
Prof & Director, Department of Physical Education
Sree Sankaracharya University of Sanskrit
Kalady, Kerala

"Applied Sports Psychology"

Dr. A. Palanisamy
Prof & Head
Department of Physical Education & Yoga
Bharathidasan University, Trichy



"Ethics and Integrity"

Dr. S. Thirumalai Kumar.
Prof & Head, Department of Physical Education
Tamilnadu Physical Education & Sports University
Chennai

"Yogic Science and Its Applications on Sports Performance"

Dr. P. Anbalagan
Professor
Department of Physical Education
Bharathiar University, Coimbatore



"Nano Science on Sports Performance"

Dr. G. Vinod Kumar
Prof & Head
Department of Physical Education & Sports
Pondicherry University, Pondicherry

"Movement for Life: Harnessing Exercise Therapy to Manage Lifestyle Diseases"

Dr. C. Durai
Assistant Professor
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