



# Soldier's Health And Position Tracking System

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**ABSTRACT:** In modern military operations, the ability to maintain real-time awareness of soldiers' health and positions is paramount for both mission success and individual safety. Presents a Soldiers Health and Position Tracking System (SHPTS) designed to provide comprehensive monitoring and communication capabilities for military personnel. The SHPTS integrates state-of-the-art wearable sensors, GPS technology, and secure data transmission protocols to continuously track key health metrics such as heart rate, body temperature, hydration levels, and physical exertion. Simultaneously, it records precise positional data, allowing for dynamic tracking of troop movements in real-time.

## I. INTRODUCTION

In this modern era, enemy warfare is one of the most significant factors in any nation's security. Nation's security mainly depends on these three specialized uniformed services: The Army, the Air Force, and the Navy. Soldiers are a very essential part of these security systems. During any special operation or mission that's been carried out by these services, soldiers involved tend to get injured or get lost on the battlefield. As the soldier plays a significant role in national security, we cannot afford to let them get lost, or have any delayed medics reach the injured ones. So, to protect these soldiers we should have some technology that monitors and tracks the soldiers in real-time and helps minimize the time of search operation, and rescue operation efforts of the control unit. So, to support this idea, the project presents an effective system that is capable of monitoring the health vitals of soldiers and at the same time able to record their current position using necessary sensors. The data collected from the sensors are then transmitted to the next level of the hierarchy using wireless RF modules.

This system enables the control room unit to track the location and monitor the health vitals of the soldiers constantly using the wireless body sensor network, and the GPS receiver at frequent intervals. Arduino associated with the control room constantly monitors the data received from the different subsystems of the proposed design and triggers a warning if any values cross the set threshold values. Live health monitoring and position tracking of the soldiers will ensure that they are safe on the battlefield and if any abnormalities are found in the values received to the control unit node, they make sure that relief is sent from the control unit node or the squadron leader's node within a minimum amount of time. The Soldier Health Monitoring and Position Tracking System is an innovative solution designed to enhance the safety and operational efficiency of military personnel. By integrating real-time GPS tracking with continuous health monitoring, this system enables commanders to quickly locate soldiers and assess their health status during missions.

## PROBLEM STATEMENT

Modern warfare demands real-time solutions for soldier safety. Soldiers risk injury and getting lost during missions. Delayed medical attention or search efforts can be deadly and can jeopardize national security.

## OBJECTIVES OF THE PROJECT

- Real-time Health Monitoring: Continuously monitor vital health parameters such as heart rate and body temperature.
- Real-time Position Tracking: Track the current GPS position of soldiers.
- Emergency Alerts: Trigger alerts for abnormal readings and provide instant help.

## II LITERATURE SURVEY

[1] “Soldier’s health and position tracking system - K. K. Kumbhare, Swati Umate, Suvarna Khadake.”

In this paper we studied current world scenario the security of the nation is the most important factor for us. Security of nation depends on the army force. It is impossible to protect the nation without soldier. The soldiers suffer a lot of problem due to the unavailability of information. The soldier’s death can be minimized if the real-time information is available at the base station about the health and location of the soldier. Motivated from above issues, a propose system have developed. This system will remove all issues. In the proposed system, there are two sites. One is soldier site and another is server site. The soldier will measure the temperatures, blood pressure and heartbeats. And server site will access the data from soldier site by using IoT. And checks the current location of soldier u sing GPS. In this proposed system computer hardware is not compulsory. In this proposed system the real time location and health parameter of the soldier are instantaneously sent to the base station. The IoT makes the monitoring process fast and decisions can be taken in less amount of time.

[2] “IOT based soldier health monitoring E-jacket -Mrs. Pallavi Kulkarni; Mrs. Tripti Kulkarni.”

In a dangerous region, troops must not only manage the physical hazard but also endure strain and fatigue caused by continuous operations or shortage of sleep. So, for protective causes, our team proposes to execute a jacket for soldier performance and health monitoring remotely. Hence, in this project, a tool designed utilizing biosensors such as a heartbeat sensor and temperature sensor for observing health utilizing the Arduino microcontroller. Moreover, a GPS is used to trace the positional data of soldiers. ESP8266 Wi-Fi module is employed to transmit all recordings unceasingly toward the military hub for perpetual scrutiny of soldier records. Extreme climates such as overwhelmingly frigid or blistering hot temperatures could be hazardous to life; in extraordinarily cold atmospheres, there is a substantial peril of hypothermia or serious chilliness of the organism. The smart army jacket has been created with all these factors taken into consideration which can scan well-being levels and inner warmth levels as well as provide urgent communication in form of Short Message Service.

## III. METHODOLOGY

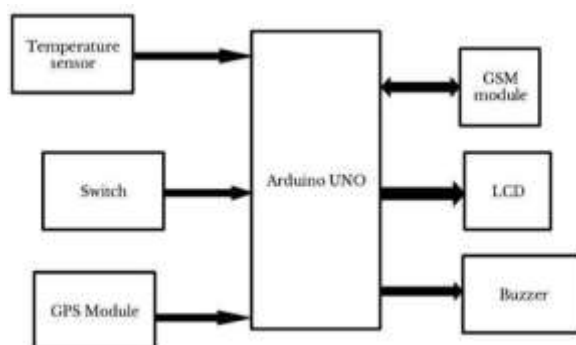


Fig.1: Circuit Diagram of Soldier’s Health And Position Tracking

The way the soldier's health and position tracking system works is by combining a number of sensors to track body temperature, two vital indications that are handled by a microcontroller. For real-time tracking, a control unit receives data from a GPS. Module that updates the soldier's location continuously. The GSM module then relays this information to the control unit. The device sounds a warning for prompt medical attention whenever any health parameter crosses pre-established thresholds. Position tracking and health monitoring together improve situational awareness and allow for quick emergency response. All things considered, the technique greatly increases soldier safety and field operational effectiveness.

#### Components Required

##### a) Arduino Uno:



Fig.2: Arduino Uno

The Arduino Uno is an open-source microcontroller board based on the Microchip ATmega328P microcontroller (MCU). It was developed by Arduino.cc and initially released in 2010. The Uno board is equipped with sets of digital and analog input/output (I/O) pins that can be interfaced to various expansion boards (shields) and other circuits. The board has 14 digital I/O pins (six capable of PWM output), 6 analog I/O pins, and is programmable with the Arduino IDE (Integrated Development Environment), via a type B USB cable.

##### b) GSM 900A



Fig.3: GSM 900A

The SIM900A is a dual-band GSM/GPRS module that operates on the EGSM 900MHz and DCS 1800MHz frequency bands. It is designed for various applications, including remote monitoring, IoT projects, and SMS-based systems. The SIM900A module is widely used in various projects due to its compact size, low cost, and extensive functionality, making it a popular choice for hobbyists and professionals alike in the fields of electronics and telecommunications. GSM900A refers to a specific frequency band used in mobile telecommunications. In the GSM (Global System for Mobile Communications) standard, the "900" indicates that it operates in the 900 MHz frequency band. The "A" might denote a particular variant or region-specific allocation.

##### c) GPS:



Fig.4: GPS

GPS, or the Global Positioning System, is a satellite-based navigation system that provides location and time information to GPS receivers. GPS is a powerful technology that has transformed many aspects of modern life. It provides accurate positioning, navigation, and timing data to users worldwide, free of charge. The widespread use of GPS has raised concerns about privacy and security, as it can be used to track



individuals and vehicles without their knowledge or consent. Governments and organizations have implemented measures to protect GPS signals from interference and spoofing (false signals). GPS has become an integral part of modern life, enabling a wide range of applications and services that rely on accurate positioning, navigation, and timing data.

d) Lm35 Temperature Sensor



Fig.5: LM35 Temperature Sensor

The LM35 is a precision temperature sensor widely used in various applications due to its simplicity and accuracy. The LM35 is a three-terminal linear temperature sensor developed by National Semiconductor. It is designed to measure temperature in the range of  $-55^{\circ}\text{C}$  to  $+150^{\circ}\text{C}$ . The output voltage of the LM35 increases linearly with temperature, providing a sensitivity of 10 mV per degree Celsius. This means that at  $25^{\circ}\text{C}$ , the output voltage will be 250 mV.

e) Battery



Fig.6: Battery

An electric battery is a device that stores and provides electrical energy through electrochemical reactions. Batteries generate electricity through electrochemical reactions that occur within their cells. Each cell consists of an anode (negative electrode), a cathode (positive electrode), and an electrolyte that facilitates the movement of ions between the electrodes.

f) LCD Display



Fig.7: LCD Display

A liquid-crystal display (LCD) is a flat-panel display technology that utilizes the light-modulating properties of liquid crystals combined with polarizers to produce images. LCD technology has revolutionized display devices, providing high-quality visuals in a compact form factor. Its versatility and efficiency have made it the preferred choice for a wide range of applications, from consumer electronics to industrial displays. As technology advances, LCDs continue to evolve, offering improved performance and new features.

g) I2C



Fig.8: I2C

I2C, or Inter-Integrated Circuit, is a communication protocol commonly used in microcontroller and sensor applications. It allows multiple devices to communicate with each other using only two wires, making it a popular choice for connecting sensors and peripherals to microcontrollers like Arduino. I2C is a versatile and efficient communication protocol widely used in embedded systems for connecting multiple devices with minimal wiring.

#### h) Switch



Fig.9: Switch

An electrical switch is a fundamental component in electrical systems, used to control the flow of electricity in a circuit. It is a device that can open or close an electrical circuit, thereby controlling the flow of current. When the switch is in the "ON" position, it allows electricity to flow, powering devices like lights, fans, and appliances. When in the "OFF" position, it interrupts the circuit, stopping the flow of electricity.

#### i) Buzzer



Fig.10: Buzzer

A buzzer is an audio signaling device that converts electrical signals into sound. It is commonly used in various applications such as alarms, timers, and confirmation of user input. Buzzers can produce various sounds like continuous tones, slow/fast pulses, high/low tones, sirens, and chimes. The specific sound depends on the driving circuit and waveform.

#### Advantages

- **Improved Situational Awareness:** Real-time monitoring of health and location ensures faster medical response and reduces search times.
- **Enhanced Operational Efficiency:** Continuous health and location monitoring facilitates immediate responses in emergencies.
- **Increased Safety:** The system provides instant help and reduces the risk of injury or loss during missions.
- **Defense Forces:** Useful for battlefields and high-altitude areas where health and location of soldiers are crucial.
- **Civilians:** Can be utilized by individuals working in remote areas or high altitudes.

#### Applications

- Allow soldiers to send distress signals with their location to command and emergency services.
- Monitor physical fitness levels and performance metrics to guide training and readiness assessments.
- Integrate with existing command and control systems for seamless data sharing and decision-making.

#### IV. CONCLUSION AND FUTURE SCOPE

A Soldiers' Health and Position Tracking System (SHPTS) represents a transformative advancement in military operations and personnel management. By integrating real-time health monitoring with precise position tracking, such a system enhances the well-being and safety of soldiers while optimizing operational efficiency. The system's ability to monitor vital signs, provide immediate health alerts, and track locations in real-time ensures that soldiers receive timely medical attention and support, even in high-risk environments. Data privacy and security are paramount, and SHPTS is designed with robust encryption and access controls to safeguard sensitive information. The integration with existing command, control, and medical systems ensures seamless operation and enhances overall operational coherence. Ultimately, the SHPTS not only bolsters operational readiness and effectiveness but also prioritizes the health and safety of military personnel, contributing to more efficient and humane military operations.

##### Future Scope

1. **Real-Time Monitoring and Support:** Advanced wearable technologies and biometric sensors will provide continuous, real-time health data, enabling proactive health management and timely interventions. This real-time monitoring will improve overall safety and operational readiness.
2. **Precision in Positioning:** Enhanced GPS, alternative positioning technologies, and augmented reality will deliver highly accurate and reliable location tracking. These improvements will support better navigation, coordination, and situational awareness in complex and challenging environments.
3. **Integration with AI and Machine Learning:** AI will play a crucial role in analysing vast amounts of data to predict potential health issues and optimize operational strategies. Machine learning algorithms will enable adaptive and intelligent responses to changing conditions and individual needs.
4. **Enhanced Security and Privacy:** As data security becomes increasingly important, robust encryption, access controls, and possibly block chain technology will ensure the protection of sensitive health and positional information from unauthorized access and cyber threats.
5. **Seamless Integration with Medical Systems:** The integration of telemedicine and automated medical response systems will facilitate remote diagnostics and timely interventions, improving overall health outcomes and operational efficiency.
6. **Personalization and Adaptation:** Future systems will offer personalized health management and adaptive equipment that cater to individual needs, optimizing performance and resilience based on personalized data.

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