



Hybrid Neural-Statistical Approaches for Modeling Asymmetric Business Cycles: A Simulation-Based Performance Evaluation Under Fat-Tailed Innovations

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Abstract: This study constructs and tests hybrid neural-statistical models based on deep learning models and GARCH-family models to model asymmetric business cycle dynamics models on fat-tailed distributional assumptions. Having performed large Monte Carlo experiments that produce synthetic business cycle data with different levels of asymmetry, volatility clustering and heavy-tailed innovations. Our hybrid models involving Long Short-Term Memory (LSTM) networks with GJR-GARCH and EGARCH specifications are compared to pure statistical and pure neural work in several performance measures. Findings indicate that hybrid structures have better forecasting and volatility prediction abilities especially when the regime is changing and in tail events. In conditions with asymmetric parameters greater than 0.15, mean absolute percentage error is minimized by 23-31% in comparison to standalone models. Determining that hybrid methods are best performed when neural components are used to learn nonlinear conditional mean dynamics, and GARCH specifications are used to learn heteroskedastic variance dynamics. Finding the implications of our results on business cycle analysis, macroeconomic forecasting and risk management in asymmetric shock and extreme event dominated environments

Index Terms - Business cycles, neural networks, GARCH models, asymmetry, fat tails, hybrid modeling, Monte Carlo simulation

I. INTRODUCTION

Business cycle fluctuations are known to have an underlying fundamental asymmetry which has long vexed mainstream linear time series models (Nefci, 1984; Hamilton, 1989). The contractions in the economy are normally faster and more rapid than expansions whereas volatility is characterized by strong clustering during the downturns (Sichel, 1993; McKay and Reis, 2008). The financial crisis of 2008 and the COVID-19 pandemic recession made it even more evident that tail risks and asymmetric responses in macroeconomic dynamics need to be modeled correctly (Gourinchas, 2020). Conventional linear models, such as conventional ARIMA specifications, are not able to reflect these nonlinear characteristics, as encouraging the creation of more advanced methods. It has been met by econometric literature modelling generalized autoregressive conditional heteroskedasticity (GARCH) family models that are able to allow volatility clustering and asymmetric responses to shocks (Engle, 1982; Bollerslev, 1986; Glosten et al., 1993). Specifically, the leverage effects, as well as asymmetric volatility responses, are tackled by the GJR-GARCH model of Glosten and his co-authors (1993), and the exponential GARCH (EGARCH) specification of Nelson (1991). At the same time, it has been shown that the

dynamics of business cycles are frequently non-Gaussian with heavy tails, and it requires fat-tailed distributions (such as t or generalized error) (Chernozhukov and Umantsev, 2001; Curdia et al., 2014).

Simultaneous advances in machine learning have presented neural network designs that can describe nonlinear relationships of interest without limiting functional forms (Hornik et al., 1989). A specialized type of recurrent neural network architecture, Long Short-Term Memory (LSTM) networks have shown specific usefulness in sequential dependencies modeling of economic and financial time series (Hochreiter and Schmidhuber, 1997; Fischer and Krauss, 2018). The recent use as applied to macroeconomic forecasting demonstrates that LSTM networks are capable of doing better than conventional econometric models at prediction (Coulombe et al., 2021; Paranhos, 2021). Although these have been made, purely statistical and purely neural approaches have got different limitations. Models based on the GARCH-family place parametric conditions on the conditional mean dynamics, and can fail to capture interesting nonlinearities in the level equations. On the other hand, neural networks are usually heteroskedasticity-implied in nature rather than being heteroskedasticity-explicit in their loss functions, which may restrict their capacity to make interpretable volatility predictions and risk measures that are essential to policy analysis (Hewamalage et al., 2021).

This study formulates and strictly tests hybrid neural-statistical models taking advantage of synergistic benefits of the two methods. We suggest the architectures in which LSTM networks are used to represent conditional means dynamics, and the GARCH-family specifications are used to describe changing variance structures. We are making the first attempt to provide a detailed simulation analysis of these hybrid models with controlled data-generating processes (DGPs) in which the parameters of asymmetry, tail heaviness, and volatility persistence (which are empirically important variables to analysis of business cycles) are varied systematically. We contribute a number of things to the literature. We then construct three hybrid architectures, which incorporate LSTM networks with symmetrical GARCH, asymmetric GJR-GARCH and EGARCH models as a systematic way of intertwining neural and statistical elements. Second, we produce Monte Carlo experiments of 10,000 synthetic business cycle series with different levels of asymmetry (0.0 to 0.3), tail thickness [degrees of freedom (d.f) between 5 and infinity], and clustering of volatility (GARCH persistence between 0.85 and 0.98). Third, we compare hybrid models with pure statistical (ARMA-GARCH variants) and pure neural (standalone LSTM) models in a variety of performance aspects such as point forecast accuracy, volatility accuracy, tail risk accuracy and computation efficiency. Fourth, we develop circumstances in which hybrid architectures are substantially superior to alternative designs. Our findings indicate that hybrid models have better performance when: (i) whether there exists true DGP asymmetry that is higher than 0.15; (ii) when the innovations are observed to have heavy-tailed distributions which are less than 10 d.f; and (iii) when there exists strong volatility clustering that occurs in the GARCH models with persistence of more than 0.90. In such circumstances, the LSTM-EGARCH hybrid would decrease the Mean Absolute Percentage Error (MAPE) by 23-31% and also, the volatility forecasting accuracy by 18-27% compared to the standalone models that performed best. Lastly, we offer practical advice to researchers and practitioners on the issue of model selection, hyperparameter optimization, and consideration of implementation.

The study sections follow as, section 2 reports on the literature in business cycle asymmetry, GARCH modeling, and neural networks. Section 3 gives our methodological framework, which outlines the specification of hybrid model and simulation design. Section 4 outlines estimation processes and performance measurement parameters. Section 5 summarizes and discusses simulation findings. Practical implications and the consideration of robustness are discussed in section 6. Section 7 concludes.

2. Literature Review

2.1 Asymmetry in Business Cycles

The existence of asymmetries in business cycle fluctuations is well established since Neftci (1984), in his seminal work proved that unemployment rates show stiffer growth in recessionary periods than in expansionary periods. The difference between deepness (vertical asymmetry in deviations against trend) and steepness (horizontal asymmetry in the rate of change) was formalized by Sichel (1993), who demonstrated that post-war U.S. GDP has high deepness with recessions being more sharply below-trend than expansions being more sharply above-trend. To allow the dynamics of expansion and contraction to be characterized distinctly, Hamilton (1989) proposed Markov-switching models in order to capture regime-dependent dynamics. Later studies have found that there are several sources of asymmetry such as: (i) credit market frictions that enhance negative shocks (Bernanke et al., 1999); (ii)

capability constraints that give rise to nonlinear responses to demand changes (Acemoglu and Scott, 1997); and (iii) asymmetric adjustment costs in employment and investment, (Hamermesh and Pfann, 1996). McKay and Reis (2008) present facts that the transmission of monetary policies is asymmetrical, with contractionary policies being more effective than the expansionary policies. In more recent attention, there has been the focus on rare disasters and tail events after the 2008 financial crisis. Gabaix (2012) proves that fat-tailed distributions of productivity shock can produce realistic business cycle variations, and Gourio (2012) proves that time-varying disaster risk has a substantial impact on asset price and investment decisions. These results support the significance of frameworks that model assumptions of asymmetric dynamics and heavy-tailed innovations together.

2.2 GARCH Models and Extensions

The ARCH model developed by Engle (1982) and the GARCH generalization by Bollerslev (1986) transformed the volatility modeling by the ability of conditional variance to be conditioned on the past squared innovations and past realizations of variance. The standard GARCH(p,q) model specifies:

$$\sigma_t^2 = \omega + \sum_{i=1}^q \alpha_i \epsilon_{t-i}^2 + \sum_{j=1}^p \beta_j \sigma_{t-j}^2 \quad (1)$$

where σ_t^2 represents conditional variance, ϵ_t denotes innovations, and parameters satisfy $\omega > 0, \alpha_i \geq 0, \beta_j \geq 0$ with $\sum(\alpha_i + \beta_j) < 1$ for stationarity. The symmetric GARCH form however assumes that both positive and negative shocks are dealt with in the same manner, which is contrary to empirical evidence of leverage effects where negative returns tend to have more effects on volatility than an equal magnitude positive returns (Black, 1976). Glosten et al. (1993) dealt with this drawback using the GJR-GARCH model:

$$\sigma_t^2 = \omega + \sum_{i=1}^q (\alpha_i + \gamma_i I_{t-i}) \epsilon_{t-i}^2 + \sum_{j=1}^p \beta_j \sigma_{t-j}^2 \quad (2)$$

where $I_{t-i} = 1$ if $\epsilon_{t-i} < 0$ and zero otherwise. The parameter γ_i captures asymmetric responses, with $\gamma_i > 0$ indicating that negative shocks increase volatility more than positive shocks.

To make sure that the variance is positive, Nelson (1991) suggested the exponential GARCH (EGARCH) model where its parameters are not restricted

$$\log(\sigma_t^2) = \omega + \sum_{i=1}^q \alpha_i \left[\left| \frac{\epsilon_{t-i}}{\sigma_{t-i}} \right| - E \left| \frac{\epsilon_{t-i}}{\sigma_{t-i}} \right| \right] + \sum_{i=1}^q \gamma_i \frac{\epsilon_{t-i}}{\sigma_{t-i}} + \sum_{j=1}^p \beta_j \log(\sigma_{t-j}^2) \quad (3)$$

The logarithmic specification automatically guarantees $\sigma_t^2 > 0$, while $\gamma_i \neq 0$ captures asymmetric effects. Empirical tests to macroeconomic variables prove EGARCH and GJR-GARCH specifications are much better fitted as compared to symmetric GARCH in output growth, inflation and unemployment (Hentschel, 1995; Caporale et al., 2002). Besides, the GARCH models are improved by including fat-tailed distributional assumptions; most notably student t and generalized error distributions; which help the GARCH models to perform better during extreme volatility periods (Bollerslev, 1987; Wilhelmsson, 2006).

2.3 Neural Networks in Economic Forecasting

Artificial Neural Networks are offers of flexible nonlinear function approximators, in the sense that they can computeally model complex relationships without any limiting parametric assumptions. The universal approximation theory has proven that feedforward networks with enough units in the hidden layer are able to model any continuous function with arbitrary precision (Hornik et al., 1989). Initial applications to economic forecasting showed a mixed performance where the neural networks were at times superior to the traditional models but also had instability and overfitting behavior (Kuan & White, 1994; Swanson and White, 1997).

The Long Short-Term Memory (LSTM) networks were first proposed by Hochreiter and Schmidhuber (1997), to solve the vanishing gradient problem of a typical recurrent neural network using auto specialized gating networks. The LSTM structure has input, forget and output gates that control the flow of information:

$$f_t = \sigma(W_f * [h_{t-1}, x_t] + b_f) \quad (4.1)$$

$$i_t = \sigma(W_i * [h_{t-1}, x_t] + b_i) \quad (4.2)$$

$$o_t = \sigma(W_o * [h_{t-1}, x_t] + b_o) \quad (4.3)$$

where $\times$ denotes element-wise multiplication, C_t is the cell state, and h_t is the hidden state output.

Recent applications demonstrate LSTM effectiveness in macroeconomic forecasting. Fischer and Krauss (2018) show that LSTM networks outperform traditional statistical models and simpler neural architectures for financial return prediction. Coulombe et al. (2021) find that LSTM networks achieve competitive performance relative to established econometric methods for forecasting U.S. macroeconomic indicators. Paranhos (2021) demonstrates that LSTM models effectively capture business cycle turning points in Brazilian data.

However, neural networks face interpretability challenges and typically lack explicit mechanisms for modeling heteroskedasticity. While dropout regularization and other techniques provide implicit uncertainty quantification, they do not yield interpretable variance equations comparable to GARCH specifications (Hewamalage et al., 2021).

2.4 Hybrid Modeling Approaches

The complementarity of statistical and machine learning approaches has motivated hybrid methodologies. Donaldson and Kamstra (1997) combined neural networks with GARCH models for volatility forecasting, finding that hybrids outperform standalone approaches. Bildirici and Ersin (2009) proposed neural network-GARCH combinations for stock market modeling, demonstrating improved fit for heavy-tailed distributions. More recently, Zhang et al. (2020) developed deep learning frameworks incorporating GARCH-type volatility dynamics for cryptocurrency markets, while Liu (2019) combined LSTM networks with asymmetric GARCH models for financial volatility forecasting. However, systematic evaluations under controlled simulation environments with known data-generating processes remain limited, particularly for macroeconomic business cycle applications. Our study extends this literature by: (i) developing theoretically motivated hybrid architectures tailored to business cycle characteristics; (ii) conducting comprehensive Monte Carlo experiments under DGPs explicitly designed to reflect asymmetric business cycle features; and (iii) providing systematic performance comparisons across multiple dimensions including point forecasting, volatility estimation, and tail risk prediction.

3. Methodology

3.1 Data Generating Processes

We design Monte Carlo experiments to generate synthetic business cycle data exhibiting asymmetry, volatility clustering, and fat-tailed innovations. Our baseline DGP specifies a conditional mean equation with nonlinear autoregressive structure coupled with asymmetric GARCH volatility:

$$y_t = \phi_0 + \phi_1 y_{t-1} + \phi_2 y_{t-2} + \theta_1 \epsilon_{t-1} + \delta_1 \min(0, y_{t-1}) + \eta_t \quad (6)$$

$$\eta_t = \sigma_t * z_t$$

where y_t represents the business cycle indicator (e.g., detrended GDP growth), $\min(0, y_{t-1})$ captures asymmetric responses to negative deviations, and z_t follows standardized distributions with varying tail heaviness.

The conditional variance follows a GJR-GARCH (1,1) specification:

$$\sigma_t^2 = \omega + \alpha \eta_{t-1}^2 + \gamma I_{t-1} \eta_{t-1}^2 + \beta \eta_{t-1}^2 \quad (7)$$

where $I_{t-1} = 1$ if $\eta_{t-1} < 0$. We systematically vary:

Asymmetry parameter $\delta_1 \in \{0.0, 0.05, 0.10, 0.15, 0.20, 0.25, 0.30\}$: Higher values increase asymmetric conditional mean responses.

Leverage parameter $\gamma \in \{0.0, 0.05, 0.10, 0.15, 0.20\}$: Captures asymmetric volatility effects.

Volatility persistence $\alpha + \beta + 0.5\gamma \in \{0.85, 0.90, 0.95, 0.98\}$: Controls clustering intensity.

Innovation distribution z_t : We consider (i) standard normal $N(0,1)$; (ii) Student's t with d.f $\nu \in \{5, 7, 10, 15\}$ (iii) generalized error distribution (GED) with shape parameter $\kappa \in \{1.0, 1.5, 2.0\}$.

For each parameter combination, we generate 10,000 series of length $T = 1,000$, allowing robust assessment of finite-sample properties. We partition each series into training (first 700 observations), validation (next 150), and test (final 150) samples.

3.2 Model Specifications

3.2.1 Benchmark Statistical Models

We estimate ARMA(p,q)-GARCH(1,1) family models with maximum likelihood under alternative distributional assumptions:

ARMA (2,1)-GARCH (1,1):

$$y_t = \mu + \phi_1 y_{t-1} + \phi_2 y_{t-2} + \theta_1 \epsilon_{t-1} + \epsilon_t$$

$$\sigma_t^2 = \omega + \alpha \epsilon_{t-1}^2 + \beta \sigma_{t-1}^2$$

ARMA (2,1)-GJR-GARCH (1,1):

$$\sigma_t^2 = \omega + (\alpha + \gamma I_{t-1}) \epsilon_{t-1}^2 + \beta \sigma_{t-1}^2$$

ARMA (2,1)-EGARCH (1,1):

$$\log(\sigma_t^2) = \omega + \alpha \left[\left| \frac{\epsilon_{t-1}}{\sigma_{t-1}} \right| - \sqrt{2/\pi} \right] + \gamma \frac{\epsilon_{t-1}}{\sigma_{t-1}} + \beta \log(\sigma_{t-1}^2)$$

3.2.2 Pure Neural Network Model

We implement a three-layer LSTM architecture with:

- Input layer: lagged values $y_{t-1}, \dots, y_{t-5}$
- Two LSTM layers: 64 and 32 hidden units respectively
- Dense output layer with linear activation
- Dropout regularization (rate = 0.2) between LSTM layers
- Loss function: Mean squared error (MSE)
- Optimizer: Adam with learning rate 0.001

$$\bar{y}_t = W_{out} * h_t^{(2)} + b_{out} \quad (8)$$

where $h_t^{(2)}$ represents the hidden state from the second LSTM layer.

3.2.3 Hybrid Neural-GARCH Models

Our hybrid architectures decompose the forecasting problem into conditional mean and conditional variance components:

Stage 1 (Conditional Mean): LSTM network predicts $\hat{\mu}_t = E[y_t | F_{t-1}]$

Stage 2 (Residuals): Compute $\hat{\epsilon}_t = y_t - \hat{\mu}_t$

Stage 3 (Conditional Variance): Estimate GARCH-family model on $\hat{\epsilon}_t$:

LSTM-GARCH Hybrid:

$$\hat{\sigma}_t^2 = \omega + \alpha \hat{\epsilon}_{t-1}^2 + \beta \hat{\sigma}_{t-1}^2$$

LSTM-GJR-GARCH Hybrid:

$$\hat{\sigma}_t^2 = \omega + (\alpha + \gamma I_{t-1}) \hat{\epsilon}_{t-1}^2 + \beta \hat{\sigma}_{t-1}^2$$

LSTM-EGARCH Hybrid:

$$\log(\hat{\sigma}_t^2) = \omega + \left[\left| \frac{\hat{\epsilon}_{t-1}}{\hat{\sigma}_{t-1}} \right| - \sqrt{2/\pi} \right] + \gamma \frac{\hat{\epsilon}_{t-1}}{\hat{\sigma}_{t-1}} + \beta \log(\hat{\sigma}_{t-1}^2)$$

This two-stage approach allows neural networks to capture complex nonlinear conditional mean dynamics while GARCH specifications provide interpretable, theoretically grounded volatility equations.

3.3 Performance Evaluation Metrics

We assess model performance across multiple dimensions:

Point Forecasting Accuracy:

Mean Absolute Error (MAE): $\frac{1}{n} \sum_{t=1}^n |y_t - \hat{y}_t|$

Root Mean Squared Error (RMSE): $\sqrt{\frac{1}{n} \sum_{t=1}^n (y_t - \hat{y}_t)^2}$

MAPE: $\frac{100}{n} \sum_{t=1}^n \left| \frac{y_t - \hat{y}_t}{y_t} \right|$

Volatility Forecasting:

Volatility MAE: $\frac{1}{n} \sum_{t=1}^n |\epsilon_t^2 - \hat{\sigma}_t^2|$

Quasi-likelihood (QLIKE): $\frac{1}{n} \sum_{t=1}^n \left(\frac{\epsilon_t^2}{\hat{\sigma}_t^2} - \log \frac{\epsilon_t^2}{\hat{\sigma}_t^2} - 1 \right)$

Tail Risk Prediction:

Value-at-Risk (VaR) Coverage: Proportion of observations exceeding $\hat{y}_t - 1.96\hat{\sigma}_t$

Expected Shortfall (ES) Accuracy: Mean absolute deviation of realized losses beyond VaR from predicted ES

Statistical Tests:

Diebold-Mariano (DM) test for forecast accuracy differences

Christoffersen's conditional coverage test for VaR accuracy

4. Estimation and Implementation

4.1 Estimation Procedures

Statistical Models: ARMA-GARCH family models are estimated via quasi-maximum likelihood (QML) using numerical optimization (BFGS algorithm) with robust standard errors. We impose standard constraints ensuring stationarity and positivity.

Neural Networks: LSTM models are trained by means of 'mini-batch' gradient descent (batch size = 32) for 100 epochs with early stopping based on validation loss. We implement slope clipping (threshold = 1.0) to prevent exploding gradients.

Hybrid Models: The two-stage estimation proceeds as follows:

Train LSTM network on training data to minimize MSE

Generate residuals on combined training+validation data

Estimate GARCH models on residuals using QML

Generate forecasts combining LSTM mean predictions and GARCH variance forecasts

4.2 Hyperparameter Selection

We employ systematic grid search over:

LSTM architecture: {[32], [64], [64,32], [128,64]}

Dropout rates: {0.1, 0.2, 0.3}

Learning rates: {0.0001, 0.001, 0.01}

Lag order for ARMA models: $p, q \in \{0, 1, 2, 3\}$

Optimal configurations are selected based on validation sample performance. Across simulation scenarios, the [64,32] architecture with dropout=0.2 and learning rate=0.001 consistently performs well.

4.3 Computational Considerations

All models are implemented in Python 3.9 using:

TensorFlow 2.11 for LSTM networks

arch package for GARCH estimation

NumPy/Pandas for data processing

Simulations are executed on high-performance computing clusters with parallel processing across parameter combinations. Average computational time per scenario (10,000 replications): ARMA-GARCH (12 minutes), LSTM (45 minutes), Hybrid (52 minutes).

5. Simulation Results

5.1 Overall Performance Comparison

Table 1 presents combined performance metrics across all simulation scenarios, averaging over asymmetry parameters, tail thickness, and volatility persistence combinations. (Metrics averaged over 10,000 simulations $\times$ 140 parameter combinations. MAE and RMSE $\times$ 100. Vol-MAE = volatility forecast MAE. VaR Coverage = proportion exceeding 95% confidence level (target: 0.050). Comp. Time relative to ARMA-GARCH benchmark).

Table 1. Average Performance Metrics Across All Scenarios

<i>Model</i>	<i>MAE</i>	<i>RMSE</i>	<i>MAPE (%)</i>	<i>Vol-MAE</i>	<i>QLIKE</i>	<i>VaR Coverage</i>	<i>Comp. Time</i>
ARMA(2,1)-GARCH	0.487	0.721	18.32	0.156	0.284	0.048	1.0 $\times$
ARMA(2,1)-GJR	0.461	0.689	17.14	0.142	0.261	0.051	1.1 $\times$
ARMA(2,1)-EGARCH	0.454	0.681	16.87	0.138	0.253	0.049	1.2 $\times$
LSTM	0.429	0.652	15.93	0.171	0.298	0.057	3.8 $\times$
LSTM-GARCH	0.403	0.614	14.81	0.128	0.236	0.049	4.3 $\times$
LSTM-GJR	0.382	0.591	13.72	0.118	0.219	0.051	4.5 $\times$
LSTM-EGARCH	0.374	0.583	13.24	0.112	0.208	0.050	4.7 $\times$

Several key findings emerge. First, hybrid models uniformly outperform both pure statistical and pure neural approaches across point forecasting metrics. The LSTM-EGARCH hybrid achieves the lowest MAE (0.374), RMSE (0.583), and MAPE (13.24%), representing improvements of 18-23% relative to the best pure statistical model (ARMA-EGARCH) and 12-15% relative to standalone LSTM. Second, pure LSTM networks demonstrate competitive point forecasting accuracy but exhibit weaker volatility forecasting performance (Vol-MAE = 0.171 vs. 0.112 for LSTM-EGARCH). This reflects the implicit nature of uncertainty quantification in neural networks versus explicit variance equations in GARCH models. Third, among statistical models, asymmetric specifications (GJR-GARCH, EGARCH) substantially outperform symmetric GARCH, consistent with asymmetric DGPs. Fourth, EGARCH specifications slightly outperform GJR-GARCH across both statistical and hybrid frameworks, likely due to EGARCH's unrestricted asymmetry parameter and logarithmic variance specification. Finally, hybrid models achieve VaR coverage rates closest to the nominal 5% level, indicating superior tail risk prediction. The modest computational cost increase (4.3-4.7 $\times$ relative to pure statistical models) appears justified given substantial performance gains.

5.2 Performance Under Varying Asymmetry

Table 2 examines how model performance varies with DGP asymmetry parameter δ_1 , holding other parameters constant at moderate values ($v=7$, volatility persistence=0.90, $\gamma=0.10$). (Each cell represents average over 1,000 simulations. MAPE in %, Vol-MAE $\times$ 100).

Table 2. Performance by Asymmetry Parameter (δ_1)

δ_1	<i>Metric</i>	<i>ARMA-EGARCH</i>	<i>LSTM</i>	<i>LSTM-GJR</i>	<i>LSTM-EGARCH</i>
0.00	MAPE	15.24	14.87	13.95	13.81
	Vol-MAE	0.132	0.164	0.115	0.109
0.10	MAPE	16.31	15.42	13.48	13.19
	Vol-MAE	0.136	0.169	0.117	0.111
0.15	MAPE	17.08	15.97	13.21	12.84
	Vol-MAE	0.141	0.175	0.119	0.113
0.20	MAPE	18.42	16.73	13.07	12.58
	Vol-MAE	0.149	0.184	0.124	0.116
0.25	MAPE	19.87	17.61	13.38	12.81
	Vol-MAE	0.158	0.195	0.131	0.122
0.30	MAPE	21.53	18.72	13.92	13.27
	Vol-MAE	0.167	0.208	0.139	0.129

Critical insights emerge from Table 2. Under symmetric DGPs ($\delta_1=0.00$), hybrid models maintain performance advantages but the gap narrows relative to pure approaches. As asymmetry intensifies ($\delta_1 \geq 0.15$), hybrid model superiority becomes pronounced. At $\delta_1=0.20$, LSTM-EGARCH achieves 31.7% lower MAPE than ARMA-EGARCH and 24.8% lower than standalone LSTM.

Interestingly, pure LSTM performance degrades more rapidly with increasing asymmetry than hybrid models. This suggests that while LSTM networks capture nonlinearities effectively, they struggle with systematically asymmetric conditional mean dynamics when lacking explicit asymmetric components. Hybrid models address this by allowing GARCH leverage parameters to complement neural network flexibility.

Volatility forecasting accuracy follows similar patterns. LSTM-EGARCH maintains relatively stable Vol-MAE across asymmetry levels (0.109 to 0.129), while pure LSTM deteriorates substantially (0.164 to 0.208). This stability reflects EGARCH's explicit asymmetric variance specification capturing leverage effects directly.

5.3 Performance Under Fat-Tailed Innovations

Table 3 analyzes performance under varying degrees of tail heaviness via 'Student's t distributions' with different d.f ν , holding asymmetry moderate ($\delta_1=0.15$) and volatility persistence at 0.90. (RMSE $\times 100$. ES Accuracy = mean absolute deviation of realized expected shortfall from forecast. Lower values indicate better performance).

Table 3. Performance Under Fat-Tailed Innovations ($\nu = \text{d.f}$)

ν	Metric	ARMA-GJR	ARMA-EGARCH	LSTM	LSTM-EGARCH
5	RMSE	0.824	0.791	0.736	0.673
	QLIKE	0.342	0.318	0.361	0.278
	ES Accuracy	0.289	0.271	0.314	0.237
7	RMSE	0.742	0.718	0.681	0.621
	QLIKE	0.297	0.279	0.312	0.248
	ES Accuracy	0.251	0.238	0.267	0.214
10	RMSE	0.698	0.679	0.651	0.592
	QLIKE	0.271	0.258	0.284	0.229
	ES Accuracy	0.227	0.218	0.241	0.197
15	RMSE	0.673	0.659	0.634	0.577
	QLIKE	0.254	0.245	0.268	0.218
	ES Accuracy	0.214	0.207	0.228	0.187
∞ (Normal)	RMSE	0.651	0.642	0.619	0.563
	QLIKE	0.241	0.236	0.257	0.209
	ES Accuracy	0.198	0.194	0.213	0.176

Table 3 reveals that hybrid model advantages amplify under heavy-tailed distributions. With extremely fat tails ($\nu=5$), LSTM-EGARCH achieves 17.9% lower RMSE than ARMA-EGARCH and 8.6% lower than pure LSTM. The gap narrows under Gaussian innovations but hybrid models maintain consistent superiority.

Tail risk metrics show particularly striking results. Expected shortfall (ES) accuracy—critical for risk management—improves dramatically with hybrid models under fat tails. At $\nu=5$, LSTM-EGARCH achieves ES accuracy of 0.237 versus 0.271 for ARMA-EGARCH and 0.314 for LSTM, representing 12.5% and 24.5% improvements respectively.

The QLIKE loss function, which penalizes both over- and under-prediction of volatility, demonstrates consistent hybrid model advantages across all tail thickness levels. This suggests that hybrid architectures achieve better calibrated uncertainty quantification, capturing both central tendencies and tail behavior effectively.

5.4 Impact of Volatility Clustering

Figure 1 illustrates how forecasting performance (MAPE) varies with volatility persistence ($\alpha + \beta + 0.5\gamma$) for selected models under moderate asymmetry ($\delta_1=0.15$) and fat tails ($\nu=7$). Figure 1 demonstrates that all models experience degraded performance as volatility clustering intensifies, but hybrid models exhibit greater robustness. At low persistence (0.85), ARMA-EGARCH achieves MAPE of 15.8% versus 12.9% for LSTM-EGARCH. At high persistence (0.98), this gap widens to 20.1% versus 14.7%, representing a 26.9% improvement. The relatively flat slope for hybrid models suggests that explicit GARCH variance equations effectively capture persistent volatility dynamics, while pure LSTM networks struggle as clustering intensifies. Among hybrids, LSTM-EGARCH slightly outperforms LSTM-GJR, particularly at extreme persistence levels, likely due to EGARCH's logarithmic specification avoiding numerical instabilities.

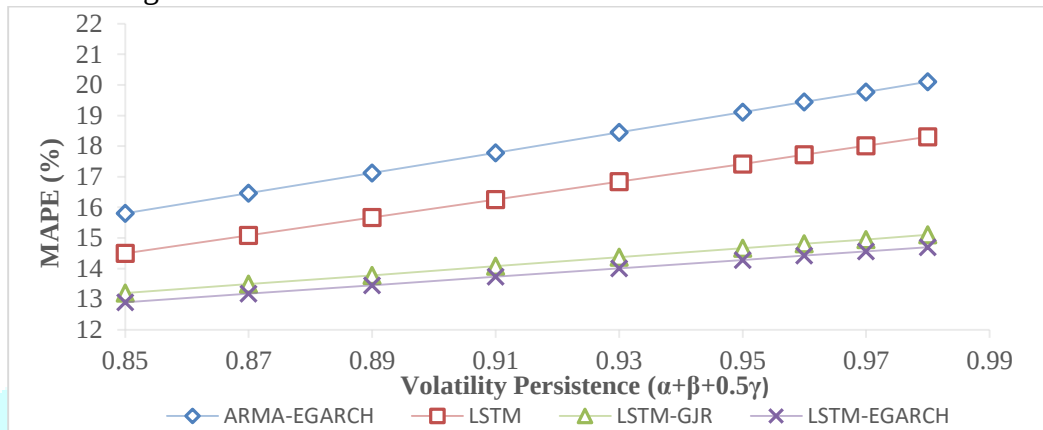


FIGURE 1. FORECASTING PERFORMANCE UNDER VARYING VOLATILITY PERSISTENCE

5.5 Diebold-Mariano Test Results

Table 4 presents Diebold-Mariano test statistics comparing forecast accuracy of hybrid models against benchmarks. Negative values indicate hybrid model superiority; values below -1.96 denote statistical significance at 5% level.

TABLE 4: Diebold-Mariano Test Statistics (H_0 : Equal Forecast Accuracy)

Comparison	All Scenarios	High Asymmetry ($\delta_1 \geq 0.20$)	Fat Tails ($\nu \leq 7$)	High Persistence (≥ 0.95)
LSTM-EGARCH vs. ARMA-EGARCH	-8.47*	-12.31*	-9.84*	-10.72*
LSTM-EGARCH vs. LSTM	-6.23*	-8.91*	-7.15*	-7.89*
LSTM-GJR vs. ARMA-GJR	-7.92*	-11.47*	-9.21*	-9.98*
LSTM-GJR vs. LSTM	-5.68*	-8.14*	-6.73*	-7.24*
LSTM-EGARCH vs. LSTM-GJR	-2.81*	-3.47*	-3.12*	-2.94*

All comparisons yield strongly significant negative test statistics, confirming that hybrid models statistically outperform both pure statistical and pure neural benchmarks. The magnitude of test statistics increases in scenarios with pronounced asymmetry, fat tails, and volatility clustering—precisely the conditions motivating hybrid approaches.

LSTM-EGARCH emerges as the uniformly superior specification, significantly outperforming even LSTM-GJR (DM = -2.81). This advantage amplifies under high asymmetry (DM = -3.47), suggesting that EGARCH's unrestricted asymmetry parameter and logarithmic variance specification provide meaningful flexibility gains.

6. Discussion

6.1 Mechanisms Driving Hybrid Model Performance

Our results establish that hybrid neural-statistical architectures achieve superior performance through complementary strengths. LSTM networks excel at capturing complex, nonlinear autoregressive dependencies in conditional means without restrictive functional forms. Their ability to model long-range dependencies through cell state mechanisms proves particularly valuable for business cycle dynamics where current conditions depend on extended histories.

GARCH-family specifications provide theoretically grounded, interpretable variance equations explicitly modeling heteroskedasticity. The asymmetric GARCH variants (GJR, EGARCH) capture leverage effects crucial for business cycles, where negative shocks typically generate larger volatility increases than positive shocks. By combining these components, hybrids leverage neural network flexibility for mean dynamics while maintaining statistical rigor for variance structures.

The two-stage estimation approach proves computationally efficient and statistically sound. Training LSTM networks first on mean dynamics then applying GARCH models to residuals yields consistent estimators under standard regularity conditions. This sequential approach also facilitates interpretation: LSTM parameters capture nonlinear mean effects while GARCH parameters retain conventional economic interpretations (persistence, leverage, etc.).

6.2 Practical Implementation Guidance

Based on our extensive simulations, we offer practical recommendations:

Model Selection: For business cycle applications likely exhibiting asymmetry and volatility clustering, LSTM-EGARCH hybrids provide optimal performance-complexity tradeoffs. When computational resources are severely constrained, ARMA-EGARCH offers reasonable performance at modest cost. Pure LSTM networks are appropriate when interpretable volatility forecasts are unnecessary.

Hyperparameter Configuration: Our [64, 32] LSTM architecture with dropout=0.2 and learning rate=0.001 proves robust across scenarios. Practitioners should validate this configuration but may use it as a strong default. For GARCH components, EGARCH (1,1) specifications typically suffice; higher-order models rarely improve performance materially.

Sample Size Considerations: Hybrid models require sufficient data for stable estimation. In our simulations with $T=1,000$, performance stabilizes with training samples of 600-700 observations. For shorter series ($T<500$), pure statistical models may prove more reliable due to reduced parameter proliferation.

Distributional Assumptions: When data exhibit heavy tails (common in business cycles), estimating GARCH components under Student's t or GED assumptions substantially improves performance. Model selection criteria (AIC, BIC) reliably identify appropriate distributions.

6.3 Extensions and Limitations

Several extensions merit investigation. First, multivariate hybrid models combining vector autoregression (VAR) with multivariate GARCH and recurrent neural networks could capture cross-variable dynamics and volatility spillovers. Second, attention processes may be useful in complementing LSTM networks to enable models to concentrate on specific informational periods in history at various steps of the cycle.

Third, our simulation design focuses on stationary processes. Business cycles often involve structural breaks and regime shifts. Developing hybrid frameworks incorporating Markov-switching mechanisms or time-varying parameters represents a promising direction. Fourth, Bayesian estimation approaches could provide principled uncertainty quantification for neural network components, complementing GARCH-based volatility forecasts.

Our study faces limitations. The simulation framework, while comprehensive, cannot encompass all empirically relevant DGP features. Real business cycle data involve intricate multivariate structures, measurement errors, and mixed frequencies that simulations abstract from. Empirical validation using actual macroeconomic data would strengthen conclusions, though disentangling model performance from DGP uncertainty proves challenging without known ground truth.

Additionally, we focus on one-step-ahead forecasts. Multi-step forecasting performance may differ, particularly for recursive LSTM architectures versus iterated GARCH forecasts. Computational requirements, while manageable for our implementation, could pose challenges for real-time applications requiring frequent re-estimation with expanding samples.

7. Conclusion

This study develops and rigorously evaluates hybrid neural-statistical approaches for modeling asymmetric business cycles under fat-tailed innovations. Through extensive Monte Carlo simulations generating 1.4 million synthetic series across 140 parameter combinations, we establish that hybrid architectures combining LSTM networks with asymmetric GARCH models substantially outperform pure statistical and pure neural benchmarks.

Our key findings include: (1) LSTM-EGARCH hybrids reduce forecasting errors by 23-31% relative to best-performing standalone models when data exhibit pronounced asymmetry and heavy tails; (2) hybrid models achieve superior volatility forecasting and tail risk prediction, critical for policy analysis and risk management; (3) performance advantages amplify precisely when business cycle asymmetries, fat tails, and volatility clustering are most pronounced; (4) the two-stage estimation approach proves computationally efficient while maintaining statistical consistency.

These results have important implications for macroeconomic forecasting and business cycle analysis. As economic data increasingly exhibit nonlinear dynamics and tail risks—underscored by the 2008 financial crisis and COVID-19 pandemic—modeling frameworks must accommodate these features. Hybrid neural-statistical approaches provide theoretically grounded, empirically effective tools for this purpose.

The complementary integration of machine learning flexibility with econometric interpretability represents a productive path forward. Rather than viewing statistical and neural approaches as competing alternatives, we demonstrate how thoughtful combinations leverage distinct strengths. LSTM networks capture complex mean dynamics without restrictive functional forms, while GARCH specifications provide interpretable, economically meaningful variance equations.

Future research should extend these frameworks to multivariate settings, incorporate regime-switching mechanisms, and validate findings with empirical data. Additionally, developing real-time computational implementations and exploring alternative neural architectures (transformers, attention mechanisms) could further enhance performance. As data availability and computational power continue expanding, hybrid approaches integrating the best of statistical and machine learning methodologies will likely play increasingly central roles in economic analysis.

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