



Adaptive Steps In Teaching And Learning :With Special Reference To Inclusive Classroom

Dr. Runa Paul

PGT Lecturer

Carmel Convent Sr. Sec. School Ratanpur Bhopal MadhyaPradesh.

I. Introduction

Teaching is the art of influencing learners to grow in the right direction. Teaching and learning becomes powerful if specialised strategies are used. The diversity present in today's classroom demands adaptive teaching and learning practices. Adaptive teaching refers to the modification of instructional strategies, learning materials, class room environments and assessment methods to ensure meaningful participation. With special reference to the inclusive classroom adaptive teaching and learning practices play a crucial role in fostering equality, reducing barriers to learning and building a culture of acceptance and belonging. This study explores the various adaptive steps that educators can adopt to create effective inclusive classrooms and examines their impact on students' academic, social and emotional development.

II. Innovative Teaching Ideas

- 1) See, Hear – Audio Visual method promotes the best learning in the class room , makes learning interesting
- 2) Project - learning also takes place when students are involved in preparing research and project activities. Learning by researching increases the knowledge of the students
- 3) 3D– Better learning takes place when 3D models are used for clearing conceptual learning
- 4) Smile - This method of teaching fosters positivity in the class room , creating a cheerful and engaging learning environment
- 5) Interaction and Involve - It actively engages students in the learning process. It encourages collaboration and critical thinking, making the class room more student centered.
- 6) Blossom - In this method of teaching teachers can enrich learning when teachers and students share their own experiences; it encourages participation and helps students relate classroom concepts to real –life situations
- 7) Rhythm Groove -Teachers can use jingles, gestures etc. to help students to remember and recall concepts.

- 8) Dine - Teachers can also teach concepts informally while dining with students which is effective in primary classes
- 9) Peer teaching - Students will teach and teachers will be facilitator. It will develop confidence and understanding.
- 10) Pat the Back - Happy learning will be there if there is a blend of positive motivation along with teaching
- 11) Counselling Approach- Learning is also impacted if the learner is counselled through right scientific way.

III. Conclusion

The above teaching ideas should be applied as per individual differences. Adaptive teaching and learning practices are essential for the successful implementation of inclusive education. As classrooms become diverse educators must adopt flexible instructional approaches that address the unique needs, abilities and learning styles of all the students. Adaptive strategies will help remove the barriers to learning and enable students to develop holistically. They encourage a sense of belonging and self-confidence among learners specially learners with special needs. Therefore, the success of inclusive education largely depends on the willingness and preparedness of educators to embrace adaptive teaching practices. Educators have to come up with new innovative methods to promote better teaching. We have to find out variety of techniques to encourage learning without stress. Let us all work together to create a classroom without fear, tear and tension.

