



# Impact of Nurse-Patient Communication on Patient Recovery

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## Abstract

Effective nurse-patient communication is a fundamental component of quality healthcare and plays a crucial role in patient recovery. This article examines how communication influences patient outcomes, satisfaction, and adherence to treatment plans. A descriptive research methodology was used, combining literature analysis and observational insights from clinical settings. The findings indicate that clear, empathetic, and consistent communication improves recovery rates, reduces anxiety, and enhances patient trust. Despite its importance, barriers such as workload, time constraints, and language differences affect communication quality. Strengthening communication skills through training and institutional support is recommended to improve overall nursing care.

## Keywords

Nursing care, patient recovery, communication skills, patient satisfaction, healthcare quality

## Introduction

Nursing is not only a science but also an art that involves compassionate interaction with patients. Among the many skills required in nursing, effective communication stands out as one of the most essential. It forms the basis for understanding patient needs, delivering appropriate care, and ensuring patient safety.

Nurse-patient communication includes verbal and non-verbal interactions that occur during healthcare delivery. Proper communication helps nurses gather accurate information, provide emotional support, and educate patients about their health conditions. In contrast, poor communication can lead to misunderstandings, reduced patient satisfaction, and even medical errors.

With the increasing complexity of healthcare systems, the importance of communication has grown significantly. Patients today expect not only clinical competence but also empathy, respect, and clarity from healthcare providers. Therefore, improving communication skills is vital for enhancing patient outcomes and strengthening the nurse-patient relationship.

## Methodology

This study adopted a descriptive research design to explore the role of communication in patient recovery.

### 1. Research Design

A qualitative and quantitative descriptive approach was used to understand patterns and relationships between communication and patient outcomes.

### 2. Data Collection

- **Survey Method:** A structured questionnaire was distributed to 80 nurses working in general hospital wards.
- **Observation:** Direct observation of nurse-patient interactions was conducted to assess communication practices.
- **Secondary Data:** Relevant academic articles, textbooks, and healthcare reports were reviewed.

### 3. Sampling Technique

A convenience sampling method was used to select participants based on availability and willingness to participate.

### 4. Inclusion Criteria

- Registered nurses with clinical experience of at least one year
- Nurses working in inpatient departments
- Participants willing to provide informed consent

### 5. Data Analysis

Quantitative data were analyzed using simple statistical tools such as percentages and averages. Qualitative data from observations were analyzed thematically to identify key communication patterns and behaviors.

## Conclusion

Effective nurse-patient communication significantly contributes to improved patient recovery and satisfaction. It enhances trust, reduces patient anxiety, and ensures better adherence to treatment plans. Healthcare institutions should prioritize communication training and create supportive environments that allow nurses to engage meaningfully with patients.

## References

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