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## A BRIEF REVIEW BOOK OF A REPERTORY OF DESIRES AND AVERSIONS

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**Abstract:** It is a particular, book type of repertory which is based on physical general symptoms related rubrics that is desires and aversion in the physical level. Before this repertory desire and aversion related rubrics are present in chapters of repertory of Anti Psoric, BTPB but no separate repertory for this area. This repertory is a source book of Lippe's repertory, Kent's repertory and also other general types of repertory.

**Key words:** Desire, Aversion, Homoeopathy, Repertory, Physical General Symptom, Book Review.

- **Name of Book:** A Repertory of Desires and Aversions by W. M. Jefferson Guernsey, M.D.
- **Edition:** First edition published 1873
- **Total Page no.:** 45 (B. Jain publishers)
- **Availability of Book:** From Publishers – B. Jain publishers (p) LTD.
- **Current edition:** 2006

### About Author:

William Jefferson Guernsey (2/15/1854- 3/27/1935). W.J. Guernsey was born in Frankford, Philadelphia (Pennsylvania) in 1854. He was son of William Fuller Guernsey, M.D., and Adilene R. Eastman, his Wife. In 1875 he graduated M.D. from Hahnemann Medical College, Philadelphia. He was strict follower of Principles of Homoeopathy laid down by Dr. Hahnemann. In 1897 he conceived the idea of combining predigested meat with concentrated malt as a food for invalids and infants, and placed upon the market, in small way a Preparation containing the best peptones and malt then Obtainable. Dr. Guernsey married, in 1878, Marrion M. Morgan, by whom he has two daughters, Grace K. and Helen R. Guernsey.

### Contributions:

1. **1873** – Repertory of Desires and Aversions.
2. **1876** – “Traveler's Medical Repertory”, intended for the laity.
3. **1877** – Repertory on Menstruation.
4. **1880** – Repertory under the title “The Homoeopathic Therapeutics of Haemorrhoids”.
5. **1888** – Guernsey's Boenninghausen slip – a Reproduction of famous Boenninghausen Repertory, in form of Adjustable slips, which was sold only on Subscription, the entire edition being ordered before publication.

6. **1890** – Repertory on Location and Direction of Pains in the Head.
7. **1892** – Repertory on Diphtheria, The Homoeopathic Therapeutics of Haemorrhoids- revised and enlarged second edition.
8. **1906** - Repertory of Mastitis.
9. **1906**- Repertory of Throat.
10. For fifteen years he has been at work at intervals upon a repertory on skin diseases, to which he has given particular study, but which is not yet ready for Publication.

### Introduction:

Desires and aversions is a strong physical general symptoms which to help the formation of totality and reach the similimum. The importance of desires and aversions in Homoeopathic prescription is immense.

### About The book:

This book has 2 main subdivisions: 1. List of Remedies. 2. Repertory part.

#### 1. List of Remedies:

It has total 231 remedies. It gives the abbreviated names and full names of the remedies given in the repertory. First remedy is *Abies canandensis* and last remedy is *Zizia aurea*. Style of abbreviated from is for example *Allium cepa* – All-c.

#### 2. Repertory part:

It has two parts, one is Desire For and another is Aversion To. In this repertory typography are eight grades which are follows-

1. CAPITALS
2. CAPITAL BOLD
3. Bold
4. *Italics*
5. *Italic bold*
6. Roman
7. ( Roman)
8. ( **Roman**)

Cross reference is given in 2 ways:

1. With remedies: Total number is 26. Eg. **128. SUGARED WATER**( Compare **SWEETS**,129)
2. Without remedies: Total number is 27. Eg. **107. RED PEPPER= 96**

### DESIRE For:

This section has 141 rubrics. This part contains total 18 number pages. The serial number is given, followed by the rubrics. General rubrics are given in bold capitals, followed by the remedies. The rubrics are given in alphabetic order from **Acids** and last **wine**. Eg. **25. CAKES: Plb**. Sub rubric is given below the main rubric, with indentation and followed by a “-“. Eg **-56. FISH: (Nat-m)**

---- **HERRING.= 63**

----- **SARDINES= 115**

Number of single medicine rubrics is 48. Eg.8. **ALMONDS:CUB**

15. BITTER DRINKS :**Nat-m**

25. CAKES: **Plb**

30. CHERRIES: **Chin**

32. CIDER: **Benzo**

36. CLOVES: **Alum**

37. COAL: **Cic**

38 COARSE FOOD: **Ab-c**

41. COOKED FOOD: Nit- ac

53. EVERYTHING: Santon.

64. HONEY:Sabad

67.ICE-CREAM:Eup-per

91. ONIONS:Cub

99. PLUMS: **Sul-ac**

109. RICE: **Tereb**

115. SARDINES: *Verat*

116. SAUCE,with food: **Nux-v**

120. SMOKED THINGS: *caust*

121. SNOW: **Crot-c**

139. CRESS: **Lepi**

In ACIDS rubric total number of medicines is present 60, in which capital bold one, normal italic 19 and normal roman 40.

### **AVERSION TO**

This section has 62 rubrics. This part contains total 12 number pages. The serial number is given, followed by the rubrics. General rubrics are given in bold capitals, followed by the remedies. The rubrics are given in alphabetic order from **Acids** and last **wine**. Sub rubric is given below the main rubric, with indentation and followed by a "--". Eg -**165. EAT: BREAKFAST.**

----DINNER= 163.

**FOOD** Rubric contains highest number medicines.

Number of single medicine rubrics is 13.

Eg- 145. BANANAS: **Elaps**

166. EGGS: **Ferr**

173. GARLIC: *Sabad.*

181.PICKLES: **Abies-c**

182. PLUMS: **Bar-c**

184. POTATOES: **Thuj.**

### **Discussion:**

This repertory is a source book of Kent's repertory and also various pre & post-Kentian general repertories. Number of rubrics and medicine are less present in this repertory. Rubrics of Desires and Aversions are present in various Repertory before and after this Repertory are as follows-

**In Boenninghausen's Repertory of Anti-psoric, rubrics Desire & Aversion come under the chapter Appetite.**

**In Boenninghausen's Therapeutic Pocket Book, rubrics Desire & Aversion come under the chapter Hunger & Thirst.**

**In Lippe's repertory to the more characteristic symptoms of Materia Medica, rubrics Desire & Aversion come under the chapter Appetite and thirst, hunger and thirst.**

**In Kent's Repertory, rubrics Desire & Aversion come under chapter Stomach.**

**In BBCR, rubrics Desire & Aversion come under the chapter Appetite.**

**In Boricke's Repertory, rubrics craving & Aversion come under chapter Stomach.**

**In Phatak's repertory, as rubrics Desire & Aversion are presents.**

**In Synthitic repertory, Sub-rubrics Desire & Aversion come under the FOOD& DRINKS Rubrics of volume-II: General symptoms.**

**In Synthesis Repertory, rubrics Desire & Aversion come under the chapter Generals.**

**In Murphy's Repertory, rubrics Desire & Aversion come under the chapter Food.**

### **Merits:**

In this 2006 edition of "A Repertory of Desires and Aversions" a very good attempt has been made: 1.To makes it more users amicable.

2. Abbreviations and names of medicines have been measured according to Synthesis in the whole text.

3. Readable font has been introduced with increased font size of every rubric.

### **Conclusion:**

Only desires and aversions we can't reach the similimum, but it clue the pathway for formation of the totality & selection of the similimum. To form the totality, mental general symptoms, physical general and

then particular symptoms are to be taken into consideration as per hierarchy or as per the intensity and frequency of symptoms. But only strong peculiar desires & aversion can cure the case, but no prescription can be based upon single symptom & the totality of the symptoms must be done for the correct selection of the remedy.

**Conflict of Interest:**

The authors declare that they have no conflict of interest.

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