



Importance Of Homoeopathic Mother Tincture In Management Of Urticaria: A Review

Dr. Nayan Manohar Durbale

Department of Homeopathic Materia Medica

Assistant Professor

Shalinitai Meghe Homeopathy Hospital; College and Research Centre Wanadongri Nagpur

ABSTRACT

Urticaria commonly known as hives is a common problems characterized by the rapid onset of red rash with itching due to various agents like allergens, and medications. This review article objectives to assess the worth of the use of homeopathic mother tinctures in the management of urticaria. Homeopathic Mother tinctures, which are concentrated extracts of medicinal plants that are prepared according to homeopathic pharmacopeia. It is believed to have therapeutic properties that may help ease symptoms and promote healing. This review is based on existing feature, clinical studies, and anecdotal evidence to assess the efficacy, mechanism of action and safety of these tinctures in the treatment of urticarial. All these Findings suggest that homeopathic mother tinctures may provide a valuable alternative or complementary treatment mode for patients who are suffering from urticarial. In conclusion, this review article aims to contributes to a more advanced approach of homeopathy for the management of urticarial, improving patient care and achieving goals

Keywords: Homoeopathy medicines, urticaria, homeopathy, review, homeopathic mother tincture

Introduction

Urticaria originated from the Latin word *Urtica* which means "nettle" Descriptions of urticaria have been dated at least to the time of Hippocrates. Urticaria, also known as hives is a common dermatological problem, which is officially approved by the sudden appearance of skin rash with red, itchy, raised wheals on the skin. This skin wheal appears on different parts of the body with various durations it may few minutes to a few days. These skin wheals can be different in size and shape. Urticaria due to edema of the dermis layer of skin^[2]. There are various kinds of triggering factors like allergens, infection, and various kinds of drugs which is responsible for producing urticaria in the body. There is a traditionally used antihistamine drug and steroid to treat urticaria. However, all these treatments may not provide permanent relief. About 20 percent of the human population is affected by the urticaria problem. Urticaria is a prevalent skin condition that seldom leads to fatality but can significantly compromise the quality of life for those afflicted. Urticaria exhibits various classifications, primarily based on its duration, appearance, and underlying causes.

MATERIAL AND METHOD

Types of urticaria

There are several ways to classify urticarial. But there is a common classification

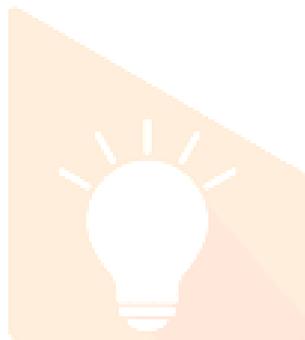
- Acute urticaria which is less than 6 weeks
- Chronic urticarial which is more than 6 weeks
- Allergic urticaria which is due to allergic agents, and medicines.
- Nonallergic urticaria which is due to stress, temperature changes, and physical stimuli.
- Physical urticaria which is due to physical factors like heat called heat urticaria, cold is called cold urticaria, exercise is called exercise- induced urticaria.
- Spontaneous urticaria which is due to autoimmune cause

Etiology.

Many different types of causes, which is responsible for producing urticaria such as

Foods

- Shellfish
- Nuts
- Eggs
- Wheat
- Soy



Medication: Which produces allergic conditions in the body such as medicines like

- Codeine
- Sulphate of morphia
- Dextroamphetamine
- Aspirin
- Ibuprofen
- Penicillin
- Clotrimazole
- Trichazole
- Sulfonamides
- Cefaclor
- Anticonvulsants
- Piracetam
- Vaccines
- Antidiabetic drugs



Infection: Parasitic infection

- Pressure
- Cold
- Heat
- Physical Activity (Exercise)

Pathophysiology

Urticaria is caused by an allergic reaction in which an inflammatory reaction in the skin and resulting edema in the dermis layer of the skin. These allergic reactions are induced by allergic agents, non-allergic agents, autoimmune reactions, diet, infection, and stress. There is a release of histamine-like histamine-chemical mediators that cause inflammatory conditions and reactions.

Symptoms

- The primary symptoms of urticaria include redness, swelling, and raised, itchy wheal on the skin which appears anywhere on the body like the face, lips, throat, upper part of the body, and lower part of the body with varies in shape and size of urticaria.
- Intense itching
- Transient, shifting nature of welts
- Possible burning or stinging.
- Triggered by factors like allergies, stress or physical stimuli
- Rarely, systemic symptoms like fatigue.
- Angioedema is a related condition in which the deep layer inflammation of the skin.

Diagnosis

Diagnosis of urticaria is typically based on

- **Clinical Examination:** The doctor will examine your skin to look for the characteristic raised, itchy hives (wheals) and redness associated with urticaria.
- **Medical history:** To identify the cause
- Examination of the patch
- **Allergy testing:** To detect allergens
- **Elimination Diet:** If a food allergy is suspected, an elimination diet may be recommended to identify the specific food causing the urticaria.
- **Blood tests:** To check for underlying medical conditions like autoimmune disorders or infections.
- **Thyroid Function Tests:** If thyroid dysfunction is suspected as a potential cause.
- **Biopsy:** To rule out other skin condition that can mimic urticaria.

Mother tincture

Definition: It is a drug, pharmaceutically prepared from drug substances of vegetable and animal kingdom, using strong alcohol as a vehicle (Solvent) by the process of immersion, maceration, and percolation.

Solvents generally used in the preparation of mother tincture or solution

1. **Strong alcohol:** It prevents decomposition, and the preparation will remain intact for good, if stronger qualities of alcohol is used.
2. **Purified water:** Some acids are not dissolved in alcohol, they are prepared with purified water.

3. **Glycerine:** Certain animal poisons (Venoms) are prepared and preserved with the help of glycerine.

Different classes under mother tincture

Hahnemann classified the drugs obtained from vegetable kingdom for the preparation of mother tincture into four classes:

Class I: Most juicy plants.

Class II: Medium juicy plants.

Class III: Least juicy plants.

Class IV: Dried vegetable and animal substances and also from fresh animals.

Mainly mother tincture divided into

1. **Internal:** acts to cure the diseases by taking orally.
2. **External:** used in the form of oil, ointment, lotion and liniment with great efficacy in relieving the pain and distress of the patient.

Clinical indication of homeopathic mother tincture

In Homeopathy various mother tinctures. That can be used in the treatment and management of urticaria. Some mother tinctures commonly used for hives include:

Hygrophila spinosa Q

- It is also useful for urticaria.
- There is urticaria commonly appears in summer.
- Which is aggravated with heat and warmth
- There is urticaria associated with malaria fever.
- There is an instance of itching all over the body and urticaria-like symptoms which are aggravated with hot application and ameliorated with cold application.

Urtica urens Q

- Urtica Uren's mother tincture is one of the most used for urticaria
- It is used when the condition is presented by red, itchy rashes, burning sensations, swelling, and itching blotches in the skin
- There is violent itching with swelling of the skin.
- It is useful in cases where the urticaria is stimulated by exposure to cold, shellfish, or stings.
- Urtica Uren's mother tincture helps reduce itching, swelling, and the burning sensation of the skin.

Rhus toxicodendron Q

- This mother tincture is effectively used for urticarial cases.
- It is useful in red, swollen with intense itching of the skin.
- There is intense itching on the skin which is aggravated in cold weather and cold but ameliorated by heat.
- It is also used for rashes with intense itching caused by contact dermatitis, such as those caused by poison ivy.
- Rhus tox mother tincture is very helpful in urticaria and is associated with pain in the joint and stiffness of the joint

Apis mellifica Q

- Apis mellifica mother tincture is very useful for urticaria problem
- There is sore, sensitive, stinging, burning, and swelling of the dermis layer of skin.
- The rashes of urticaria are often pink or red
- Amelioration from cold applications
- This mother tincture is usually used when the urticarial is produced by insect bites.
- This is used when sudden puffing of the whole body.

Belladonna Q

- This mother tincture can be used in acute cases of urticaria
- There is a sudden onset of bright red rashes, a burning sensation, and extreme sensitivity to touch
- It helps manage severe itching and redness of skin that comes and goes suddenly
- There is skin dry and hot swollen, and sensitive

Prognosis

- The prognosis of urticaria depends on its type and cause
- Acute urticaria usually resolves spontaneously.
- Chronic urticaria may require medicinal treatment

Conclusion

During treatment and management, urticaria faces challenge due to its multifactorial causes and it depends upon individual case responses in treatment of urticarial. There are widely used different types of treatment present like antihistamines drug and steroidal drugs. But these may not produce permanent and satisfactory relief of the urticaria problem. In homeopathy, various types of homeopathic medicine are present, especially in the mother tincture form which is very effective in the management of urticaria. It is a very promising alternative mode of treatment for urticaria, The review article focuses on several homeopathic mother tinctures, including Hygrophila spinosa, Urtica urens, Apis mellifica and Rhus Toxicodendron, which show the potential to reduce symptoms associated with hives. These homeopathic tinctures work on the principle of stimulating the body's innate healing processes and can relieve itching, swelling and irritation.

Despite the encouraging findings, It is essential to acknowledge the need for further research to establish a standardized panel and gain validation of homeopathic Mother tinctures in the management of urticaria. Clinical trials and systematic reviews are needed to provide a strong evidence base that can guide physicians

in integrating these treatments into conventional treatment plans. In conclusion, this review article aims to contribute to a more advanced approach of homeopathy for the management of urticarial, improving patient care and achieving goals.

References

1. Wikipedia contributors. Hives [Internet]. Wikipedia, The Free Encyclopedia: c2024 [cited 2024 Oct 1] Available from: <https://en.wikipedia.org/w/index.php?title=Hives&oldid=-1245650384>
2. Khanna N. Illustrated Synopsis of Dermatology & Sexually Transmitted Diseases. 6th ed. Elsevier Health Sciences Division; 2019.
3. Antia C, Baquerizo K, Korman A, Bernstein JA, Alikhan A. Urticaria: A comprehensive review: Epidemiology, diagnosis, and work-up. *J Am Acad Dermatol* 2018;79(4):599-61
4. Cicardi M, Aberer W, Banerji A, Bus M, Bernstein JA, Bork K, et al. Classification, diagnosis, and approach to treatment for angioedema: consensus report from the Hereditary Angioedema International Working Group. *Allergy* 2014;69(5):602-616.
5. Kumar V, Abbas AK, Aster JC. Robbins Basic Pathology 10th ed. Elsevier Health Sciences Division: 2017.
6. Mohan H. Textbook of Pathology. 8th ed. New Delhi: Jaypee: 2019, p. 287-326.
7. Lee EE, Maibach HI. Treatment of urticaria: An evidence-based evaluation of antihistamines. *Am J Clin Dermatol*. 2001;2:27-32
8. Fine LM, Bernstein JA. Guideline of chronic urticaria beyond. *Allergy Asthma Immunol Res*. 2016;8(5):396-403.
9. Thakur T. Aetiological prescription in homeopathy that cured a case of chronic urticaria. *Res Rev 1 Unani Siddha Homeopathy*. 2018;5(2):37-41
10. Gupta N. The effectiveness of homoeopathic medicines in the treatment of chronic urticaria. *Int J High Dilution Res*. 2023;22(cf) 07-16.
11. Rath P. Homoeopathic treatment of chronic urticaria-A case series, c2020
12. Boericke W. New Manual of Homoeopathic Materia Medica with Repertory 3rd ed. New Delhi: B. Jain Publishers Pvt. Ltd., 2007. p. 536-8
13. Murphy R. Lotus Materia Medica. 3rd ed. New Delhi: BJain Publishers Pvt. Lal. 2003
14. Allen HC. Keynotes Rearranged and Classified with Leading Remedies of the Materia Medica and Bowel Nosodes. 10th ed. New Delhi: B. Jain Publishers Pvt. Zal: c1999, p. 33. 262-3
15. Hering C. Guiding Symptoms of Our Materia Medica Vol. 1. New Delhi: B. Jain Publishers: 2007
16. Clarke JH. A Dictionary of Practical Materia Medica New Delhi: B. Jain Publishers 2000
17. Nash EB. Leaders in Homeopathic Therapeutics. 5th ed New Delhi: B. Jain Publishers, 1999

18. Allen TF. The Encyclopedia of Pure Materia Medica Vol. 5. New Delhi: B. Jain Publishers,

2002

