



Issues And Challenges Of Women's Empowerment In India

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ABSTRACT: -

Encouraging women's greater participation in business life, society and politics is one of the most important problems of today. Women's empowerment is one of today's most pressing issues. Women make up half the world's population and a third of the workforce, but they earn only a tenth of world income and account for more than 1% of total assets. The empowerment process enables women to maximize their potential and power in all areas of life with a multidisciplinary approach. A women's empowerment begins with knowledge; a vision of oneself and one's rights, capabilities and potential, and knowledge of how gender, culture and politics affect these. This study concludes that women can only be truly self-sufficient if they have access to resources and assets that enable them to take control of their lives and participate in society. When women are allowed to engage in self-employment and exercise the legal right of their own choosing, this value or concern must be a factor in their success.

INTRODUCTION: -

Women supports women's liberation from social, economic, political, racial and gender problems. According to the 1990 Human Development Report, the real wealth of a country lies in its people.

The purpose of development is to create an environment where people can live a healthy, long and happy life. This simple but powerful truth is often overlooked in the search for material and financial resources. The problem is developmental disability. Where are the people and where are the women? Can women live healthy and productive lives? If not, who is to blame? Women are called the fair sex, but they are always wrong. A woman's life has pleasure on one side and the threat of violence on the other. The middle class is the enemy of the middle class and of women. There are big issues that need to be addressed when we talk about women's empowerment. For centuries, women have been criticized and punished with various restrictions that put their rights at the mercy of men. They are locked in the house and the stove. But society's attitude has changed and the attitude towards women's freedom and empowerment are often designed to contribute to women's well-being and well-being. But there is still a lot of work to be done before launch. If they want to break down old barriers and reach male dominated strongholds, they need to fight for it. Despite their awareness of them rights and needs, violence and violence against women continues to increase. In ancient India, history tells us that women were in privileged positions. It is important to appreciate that a culture exists and is respected in life. However, with the emergence of the Brahmin tradition, women lost their status, and with the advent of Islam,

they were pushed into the background. They are separated, isolated and separated from the rest of us. And these practices have turned into traditions that continue today. The emergence of diseases such as female circumcision, child marriage, sati and slavery took place in the Middle Ages. They are exposed to violence and violent practices. Women make up half the world's population and a third of the workforce, working two thirds of the world's hours yet earning at least about a tenth of the world's income, or less than 1 percent of the world's assets. However, news of women's human rights being violated makes our hearts tremble every day. With the independence of India, a new page opened in the history of women's empowerment. They deprive themselves of a secondary role structure compared to men. While creating the new constitution, the authorities took the women's issue into consideration and took various measures to ensure that women's rights were respected in society. They are given the right to participate in the country, politics, economy and culture.

EMPOWERMENT: -

Empowerment is a level of freedom and self-determination for citizens and communities. This allows them to work independently and represents their interest and stability. This is how you gain trust, especially when it comes to taking control of your life and your rights. Empowerment refers to both the process of personal empowerment and professional empowerment for people to overcome their lack of power, influence, and awareness and to use their resources. The main purpose of the promotion is not technology, but the important commitment of the law. Doing this will require major changes in every aspect of culture, society, politics and economy in the long term. This also requires a new way of thinking; People who see Development as a process of expansion, where stereotypes about men and women do not limit their choices, but give rise to a new idea that sees everyone as an agent who is afraid of change.

WOMEN EMPOWERMENT: -

Women's empowerment has become a hot topic in the development and business world. Financial empowerment empowers women to make their own decisions about money, property and income. Women's ability to manage risk and improve their quality of life has also improved. This may lead to support for practices that reduce gender equality in some political or social situations. Although often used interchangeably, the broader concept of gender empowerment applies to people of all genders, emphasizing the difference between biological sex and responsibility. Women empowerment through reading, education, training and knowledge helps empower women. Additionally, empowering women is a statement that they have the ability to make decisions in their lives that they are not allowed to make. The prerequisite for empowerment is the spiritual, political, social, educational, gender and economic empowerment of women and society. According to the World Bank, empowerment is the process by which individuals and groups are able to make more informed decisions that can lead to positive outcomes and outcomes. Empowerment means that women should participate in decision-making, including the full participation of men in all aspects of life, and play an important role in finding equality and solutions to family and community problems. Empowerment includes, among other things, the right of women to have the freedom and responsibility to control and decide on matters related to their own sexuality, including gender and health, and to be free from violence, discrimination and violence. Equality between the sexes, including respect for human rights, and sexual relations between men and women require harmony, agreement and shared responsibility for sexual behaviour and its consequences.

REVIEW OF LITERATURE: -

Ms. Bhavani Sankara Rao (2011) pointed out that women's health has improved in SHGs. It is clear that Women's Health discusses the health concerns of other members and their children and keeps them informed of many important government policies specific to them.

Sethuraman K. (2008) The role of women's empowerment and domestic violence in growth and nutrition in tribal and rural areas of South India. This case study examines the relationship between women's empowerment and domestic violence, maternal nutrition and nutrition in children aged 6 to 24 months, and nutrition and development over six months in rural and tribal communities.

Venkata Ravi and Venkatraman (2005) focused on women's participation and management in family decision-making processes and group activities to determine the impact of SHGs.

Giriappa (1997) analysed women's empowerment, level of discrimination and effectiveness of women's decision making in various rural enterprises and concluded that women in the family have significant differences in mobility, education, healthcare and production of limited assets. Employment creation and social inclusion of families with disabilities. Informal support for women's income is widely used and their decisions may be subject to discrimination by men.

NEED FOR WOMEN EMPOWERMENT: -

Women are excluded: -

- Jurisdiction
- Freedom of movement
- Educational opportunities
- Career Development
- Media Exposure Chapter
- Domestic violence

RESEARCH METHODOLOGY: -

This article is essentially explanation and analysis of the situation. According to the needs of this research, information was obtained from the second source.

CHALLENGES FACED BY WOMEN IN INDIA: -

India is a country that respects women as goddesses. However, the problems they face show the opposite. On the one hand, they worship them as goddesses, and on the other hand, they constantly mock them and think they are inferior. Indian women always face some or the other kind of problems in society. People develop and problems develop, they do not fall, they change from one to another. For the development of our country, we need to address these issues and make them a priority. At that time, there were serious problems such as Sati system, widow remarriage, Nuwa system. But even though many of them no longer exist, women face new problems. They may not be the same, but they're still as heavy as old bones. It hinders the development of the country and disturbs women. Historically, violence against women has been a serious problem faced by women in India. It appears in colourful letters almost every day. People turn a blind eye to this and do not make goods. Domestic violence happens more often than you think. Also, financial obstacles, marriage, sexual intercourse, etc. There is also. Later, we will also solve the problem of the difference between men and women. Women are not considered equal to men. They face limits almost everywhere, whether at work or at home. In fact, this division victimizes little girls. Patriarchy unfairly dominates women's lives. There is also a gap between women's education level and their salaries. Women working in the pastoral field are still excluded from education because of their femininity. And women do not receive the same wages as men for doing the same job. They also face the abuse and exploitation of plants.

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SOLUTION:

We all need to come together to solve these problems faced by women in India. There must be a safe place for women and all citizens and governments must do their part. They should introduce stricter laws to combat crimes against women. It also needs to be properly implemented to ensure everyone can use it. Additionally, equality between men and women should be ensured. We must ensure that women in all fields are encouraged to do their best. This is not a matter of medicine or sports, it is a matter of balance. Additionally, the importance of education should be emphasized. We must force girls and women to go to school so that they can have a good life. We must work together to protect and ensure the safety of women in India. This will help our country prosper and the world become more beautiful.

We must therefore be prepared to treat women equally. We must help them every step of the way and give them the opportunity to make their own decisions. These barriers can be removed to prevent gender discrimination against women.

SUPPORT WOMEN:-

1. Be kind to yourself: - Empowering women will empower other women, so they can make the women around them special and strong. Tell your friends and let them know how important their opinions are, so they won't hesitate to use them.

2. Eliminate the negative: - Women are often affected by negativity because the negative models of beauty displayed in TV magazines and soon on social media often leave them in the background. Promote women's morality by fighting against negative comments online, at work, at school and everywhere else. Promote physical fitness, intelligence, and truth to combat bad behaviour.

3. Speak directly: - This is difficult because it is difficult to be afraid. Sharing your experiences can be difficult, but it can play an important role in helping women's voices be heard. Without Rosa Parks, Huma Yousafzai, and Susan B. Anthony, women would not have the rights they do now. When women overcome the challenges of fighting misogyny, the world changes.

4. Being an example: - Being an example is one of the most important ways to empower women. Young women are greatly influenced by their role models. Designed to inspire women to follow their dreams, this event will be a celebration of beauty, among other things.

5. Help provide clean water: - Access to clean water is a basic need that most of us need. However, not everyone has access to clean water, and women are often neglected in the allocation of resources. This can have a negative impact on women's health and financial situation. Women's empowerment organizations like CARE help communities access clean water and involve women in decision making processes to help them have safe and social living drinking water. CARE also helps schools build better sanitary facilities to improve women's health.

6. Support women's businesses: -You can show your support for women in your community by investing in women's businesses in your community.

7. Against injustice: Defend women's rights and participate in the profession. Invite the inspirational men and women you know to attend your local Women's March, take your experiences to the polls, write about what you stand for, and let the mother inspire other women joining the fight for women's rights.

8. Become Mentor: -Whether you are looking for mentors in your community or looking to encourage your friends and sisters to become mentors, this is a great way to support girls. Get a group of girls to participate in this promotion and encourage them to participate.

9. Take time to celebrate the women in your life: - Thank those you give, accept compliments, and help the surrounding women. You can show the women in your life that you care by sending them thank you card, complimenting them, or simply telling them how much they mean to you.

10. Support organizations that support women: - Support organizations for the empowerment of women. Support by donating, spending time with friends, or referring women to businesses and organizations that make women's empowerment priority is important.

TIPS: -

1. Women's education, which is a local problem, should be one of the most important issues. Therefore, special attention should be paid to women's education.
2. Activities that will promote better understanding of women's rights, especially the rights of vulnerable groups, need to be prepared.
3. Women's labour rights must be protected and adequate protection and assistance must be provided in workplaces. To have courage in society, they need to receive adequate wages and work like men.

IN CONCLUSION: -

One of the main challenges in this period is leadership and women's change. The society considers a woman without a body as a body without a mind. Only by giving them the opportunities and importance they deserve can gender equality be promoted. Develops good values and standards in the family, society and country. The best way to reach women's potential is to include them in the development process. Women can only have true potential and value if they have the income and assets to live on their own and be active members of society. The main measure of success must be women's knowledge, use and control of their own internal laws, thoughts, values and concerns.

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