



“Study Of Vishaghna Action Chakshushya (Cassia Absus) With Special References To Agadtantra –A Critical Review.”

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Abstract:

A study of Vishaghna action of Chakshushya (Cassia absus) refers to a research investigation exploring the detoxifying or anti-poisonous properties of the plant Chakshushya (Cassia absus), which is considered a Vishaghna herb in Ayurvedic medicine.

Chakshushya (Cassia absus) the pig's senna or tropical sensitive pea, is a species of flowering plant in the family Fabaceae, with a worldwide distribution in the tropics and subtropics.

Cassia absus is a flowering plant in the Fabaceae family that is used in traditional medicine. It is also known as Chaksu in local languages.

Cassia absus seeds are widely used in traditional medicine for treatment of skin infections, wound healing, hypertension, peptic ulcers and anuria.

So, this article is focusing on the action of Chakshushya (Cassia absus) on poison or toxin mentioned in agad Tantra of Ayurveda.

Key words: Chakshushya (Cassia absus), Agad Tantra.

Introduction:

In Ayurveda, "Chakshushya Dravya" refers to herbs or substances considered beneficial for eye health, and the Latin name for the most commonly associated plant with this term is "Cassia absus" (also known as "Chamaecrista absus") which is often used as a collyrium for eye disorders in Ayurvedic practice; essentially, "Chakshushya" translates to "good for the eyes" in Sanskrit. These herbs are often used in eye drops, ointments, or as part of a dietary regimen to promote eye health.

Chakshushya (Cassia absus) Cassia absus seeds are widely used in traditional medicine for treatment of skin infections, wound healing, hypertension, peptic ulcers and anuria.¹

Chamaecrista absus (**syn. Cassia absus**), the pig's senna or tropical sensitive pea, is a species of flowering plant in the family Fabaceae, with a worldwide distribution in the tropics and subtropics. An annual herb reaching 60 cm (24 in), it is a common weed of cultivated and waste places, and its seeds are regularly harvested and sold for use in traditional medicine in Africa and Asia.²

In Nighantu:

Chakshushya – Cassia absus is the name given to the herb by the Nighantu granthas as it is applied as collyrium in eye disorders.³

Chakshushya drug is mentioned in vishaghnamahakashay & vishaghna in dravya guna⁴

Chakshushya is utilised in eye ailments as well as in various skin diseases. This herb has tikta rasa and supports diuretic, and soothing activities.⁵

Objectives:

To Study of Vishaghna action Chakshushya – Cassia absus with special references to *Agad Tantra*.

Methods:

Literature Survey Methods:

BOTANICAL NAME: Cassia absus

FAMILY: Fabaceae

CLASSICAL CLASSIFICATION:

Charak Samhita : Vishaghna Mahakashay

ENGLISH NAME: Absus seeds

Sanskrit : Chakshushya

COMMON NAME: Hindi: Chakur

Marathi : Chimm, Chinol, and Kankuti.

Properties:

Rasa - Tikta (Bitter), Kashaya (Astringent)

Guna - Ruksha;

Virya - Shita;

Vipaka – Katu

Karma : Balances the Kapha and Pitta dosha

Parts used: Seed.

In dhanvantari Nighantu guduchyadi varga - This plant is cold in potency, kashaya (astringent), cures all the sthavar (animal) and plant (jangham) poisoning, discharge from the eyes, eruptions in the skin, pruritis, pain, and abscess can be relieved by this potential herb.⁶

In Raj Nighantu: Kulthika is another name for Chakshushaya, this is kashaya (astringent), eruptions in the skin, pruritus, abscess, and may pacify all the doshas.⁷

- **Chemical Constituents:** Its leaves contain a chemical named Quercetin, Rutin and its root contains Chaksine or isochaksine.
- Its seed consists of Beta-sitosterol, Apigenin, hydnocarpine, and many more.
- Due to these chemical compositions, this herb is a self-proven good anti-inflammatory herb with anti-bacterial and anti-microbial properties.⁸

Discussion:**THERAPEUTIC USES:⁹**

- Chakshushya herb can be given for irritable bowel syndrome, bleeding stools, or diarrhoea and supports healthy bowel functions.
- It also helps to promote healthy liver and kidney functions.
- Its seeds help to relieve urinary obstruction and inflammation to promote the flow of urine.
- In the respiratory system, due to its kapha hara guna this is used to cure many respiratory diseases like rhinitis, asthma, sinusitis, and COPD.
- It can also help in managing the cases of poisoning caused by sthavar visha and jangama visha.
- In hypertension, the seeds powder is used to maintain the levels.

Conclusions:

1. Chakshushya is vishghna Mahakashya drug mentioned by the Acharya Charak.
2. It can also help in managing the cases of poisoning caused by sthavar visha and jangama visha.
3. Chakshushya assists in maintaining the health of the liver and kidneys.

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