



A Case Study Of Psychosis In Homoeopathy

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What is Psychosis?

Psychosis is a psychological disorder with altered mental state. It effects all ages and genders. It is a collection of symptoms that causes to lose the relation to reality

Epidemiology.

The current thinking is that although around 1.5 to 3.5% of people will meet diagnostic criteria for a psychotic disorder, a significantly larger, variable number will experience at least one psychotic symptom in their lifetime¹



Abstract : Psychosis refers to a collection of symptoms that affect the mind, where there has been some loss of contact with reality. During an episode of psychosis, a person's thoughts and perceptions are disrupted and they may have difficulty recognizing what is real and what is not. This case highlights the importance of psychosis, especially in cases where mood disorders and false paranormal believes have complicate the clinical picture. It also stresses on the need for early intervention in patients with untreated psychiatric disorders to prevent the onset of severe psychotic symptoms.

Keywords: Psychosis, Homoeopathy, Psychotic disorder, Psychiatric, Paranoid

Introduction: Psychosis is a condition that affects a person's sense of reality. It becomes hard to tell what's real and what isn't. The symptoms can be mild or extreme. Studies estimate that between 15 and 100 people out of 100,000 develop psychosis each year. Hearing sounds or voices that others don't, seeing ghost-like shadows or wavy lines, suddenly having a decreased sense of smell, becoming very sensitive to light, sound, or touch, suspiciousness, paranoid ideas, or

uneasiness with others, trouble thinking clearly and logically, withdrawing socially and spending a lot more time alone.

A complete case history of Psychosis was taken and repertorisation based on reportorial result Anacardium Orientale 1M potency was selected and 1 dose was given. Case was closely followed for further two months, which shows the effectiveness of homoeopathic medicine in the treatment of Psychosis disorder.

CASE REPORT:

PRESENTING COMPLAINTS:

A 38-year female patient came to out outpatient department with Pain in both lower limbs started gradually since 1 year more since 2 months, pain is of dragging type, aggravation from walking, damp wet weather, amelioration from rest. pain is associated with chills on and off.

PAST HISTORY:

No relevant past history.

FAMILY HISTORY:

Mother suffering with Knee joint pains, father from hypertension for 6 years.

Husband suffering with low back pain.

2 sons apparently healthy

GENERAL PHYSICAL EXAMINATION:

APPETITE: Good, **THIRST:** Normal, **DESIRES:** Nothing specific, **AVERSIONS:** Nothing specific, **INTOLERANCE:** Nothing specific, **BOWELS:** regular, satisfactory, **URINE:** 3 - 4 times a day, **SWEAT:** profuse on the face.

SLEEP: Disturbed due to above complaints

DREAMS: Of dead people

HABITS/ ADDICTIONS: Nothing specific.

Thermals : Ambithermal

MENSTRUAL HISTORY: Regular cycle for 28 days,
bleeding for 5 days

OBSTETRIC HISTORY:

G2P2A0L2D0

MIND:

Hearing unusual noises for 1 year, they started suddenly when she came to know that a person hanged himself in the same house which she has been living. Aggravation during night, ass with feeling of being possesses, and feels like she was forced by someone else to do thing unwontedly.

ANALYSIS OF CASE:**COMMON SYMPTOMS:**

Pain in lower limbs, dragging type of pain

UNCOMMON SYMPTOMS:

Aggravation in damp wet weather

Hearing abnormal noises

Dreams of dead people

Feeling of being possessed

**EVALUATION OF CASE:**

Pain in lower limbs, dragging type of pain

Aggravation in damp wet weather

Hearing abnormal noises

Dreams of dead people

Feeling of being possessed

TOTALITY OF CASE:

Pain in lower limbs, dragging type of pain

Aggravation in damp wet weather

Hearing abnormal noises

Dreams of dead people

Feeling of being possessed

RUBRIC CONVERSION:

Pain lower limb weather damp agg

Two wills

Devil feels with in off

Delusion, imagining voice

Delusion imagination passed he or she in

SELECTION OF REPERTORY:

Complete Repertory

RUBRIC CONVERSION:

[EXTREMETIES] Pain lower limb weather damp agg

[MIND]Two wills

[MIND]Devil feels with in off

[MIND]Delusion, imagining voice

[MIND]Delusion imagination passed he or she in

REPERTORIAL RESULT:

Anacardium 18/5

Stramonium 12/3

REMEDY CHOSEN: Anacardium Orientale

ASSESSMENT OF SUSCEPTIBILITY:

1. Susceptibility of patient
2. Seat of disease
3. Nature and intensity of disease
4. State and duration of disease
5. Previous treatment

POTENCY AND DOSE:

1M and 1 dose

MANAGEMENT:

Take iron rich food, increase water intake

Have some physical exercise

Follow-up:

1. Patient feeling slightly better but complaints persisting
Rx. Anacardium Orientale 1M 1 dose
SL 1 month
2. Patient complaints have reduced than before
Rx. SL 1 month
3. Patients complaints have reduced completely
Rx. SL 1 month

Conclusion:

Through this case we understand the importance of a comprehensive diagnostic approach in the evaluation of acute psychosis, particularly when there is a complex interplay of psychiatric symptoms and impact of false paranormal believes which are integrated into our society. This case helps us with the comprehension of the dynamic nature of psychotic disorders and the importance of personalized treatment in the path of recovery.