



Shaping Destiny: Exploring The Power Of Choices From Preeti Shenoy's

“Life Is What You Make It”

Gomathi.M, Post-Grauduate student, K.S.Rangasamy College of Arts and Science (Autonomous),
Tiruchengode.

Naveen.A College, Post-Grauduate student, K.S.Rangasamy of Arts and Science (Autonomous),
Tiruchengode.

Nagarajan.P, Assistant Professor of English, K.S.Rangasamy of Arts and Science (Autonomous),
Tiruchengode.

Abstract

The motivational novel “Life is What You Make It” by Preeti Shenoy is examined in this article. It concludes that a person has the ability to change their life whenever they so choose. A person's life is shaped by their decisions, attitudes and behaviors. One's life may be turned around by fate. Preeti Shenoy used her own life as an example of how challenging life can be and the various obstacles that women encounter in both their personal and professional lives. The most powerful attributes of all is faith. Any issue or challenges that life throws at you can be resolved via faith. There are many obstacles in life. The real purpose and quality of life is overcoming all obstacles and issues. It is contingent upon an individual's response and behavior toward the obstacles. This is a tale of love, hope and how tenacity may triumph against fate. You make your life, according to Shenoy. Charles Nodier once said, “literature is the expression of society”. It is regarded to be a mirror of life because it mirrors society. It mimics society and human conduct. Literature explores actual occurrences in life and occasionally the writer's imagination. Shenoy's story, “life is what you make it” is

centered on live and tenacity, two qualities that aid in overcoming the obstacles that a girl in society must endure.

Keywords

Love, hope, determination, heart break and resilience.

Introduction

In all of Preeti Shenoy's stories, love is the recurring topic. Love encompasses more than only relationship between people of different genders. It also has to do with showing love, consideration and kindness to the person we admire. It could be kids, instructors, parents, friends and so on. In this book, Shenoy employed the topic "love" in conjunction with themes of optimism, heartbreak and resolve. Shenoy was a talented writer who captivates readers with her life teachings. The author projects the idea of mankind's life, her words forth-width as, "The world is indeed a better place when there is love, friendship, acceptance and hope. Powered by these you can indeed overcome anything including destiny."

Life and Restriction

The book opens with Ankita writing a letter to her buddy vaibhav in which they discuss their college experiences and their parent's disapproval of their decision to enroll their children as they see fit. Back then, there were no internet resource. The post man would deliver by letter by hand and there were television channels in addition to the internet. A single national channel and a few video castle resources would be available. Back the, there were amazing, drama television serials like Chitrahaar and Buniyaad. Shenoy made a comparison between the ancient and modern eras. Ankita is the main character in book. In addition to her partner Vaibhav, she resides with her conventional parents. Ankita is a bright young woman despire coming from a conservative home. Indian parents are really rigid. They won't let their daughters write letter to boyfriend or invite them around. Ankita enrolled in women's universities. Ankita experienced a wide range of experiences and interacted with a diverse range of individuals during her period of academics and

extracurricular excellence. Despite everything her scholastic progress was steady, and she was writing larger and longer letters to Vaibhav that conveyed their emotions. The letter made them happy. Elections were held by the college and they were very politically charged. While working as a general secretary at Mahaveer College, Ankita first met Abishek. Since Abishek Adors Ankita, he made an effort to write her a letter expressing his thoughts. Ankita's mood fluctuating and she was perplexed. Her decision fell apart as a result of the misunderstanding. It was suggested that Ankita's friends meet Abishek regardless of how their relationship develops. That was her life's moment. She intended to leave Cochin and accomplish a lot in life. Consequently, she turned down Abishek's marriage proposal which broked his heart. Then he made the decision to end his life and blames.

Blames for the decision

Ankita knows the reason of his death, she blames herself. It is an unbelievable thing for her. She is not accepting this thing. This one incident has given her a lesson for the life time. She has understood that many times, a person makes such mistakes that he does not even know the results. She is cursing herself inside, wishing that she would promise to stay with Abhishek, but all these things are of no avail now because it is too late and she could not do anything she wanted. She moves to Bombay with her family and starts a new journey with an MBA. Still she is a topper in the college. Ankita held herself responsible for her choice in accepting Abishek's marriage proposal. Ankita made the decision to remain with Abishek out of guilt. The younger generation did not know about the effects of suicide. Ankita chose to remain with Abishek even though it was becoming late. Her parents relocated to Bombay so she could pursue an MBA. She always had the best academic achievement when she relocated. She liked her time in college spent with her pals. Ankita was no typical young lady. She was flawless in every aspect.

During her treatment Ankita holds a paint brush once again and fills her life with colors once again. It gives her hope, happiness and positivity (Parvathavarthini et.al 305)

Life is the most beautiful thing to live for. As Eleanor Roosevelt states “The purpose of life, after all, is to live it, to taste experience to the utmost, to reach out eagerly and without fear for newer and richer experience.” This novel is a deep analysis of how to live and life to the fullest by making better decisions in life. Robert Frost in his poem *The Road Not Taken* described the beauty of life through images and he made sure to live a life living worth. Time and again literature has proved to be a moral teacher of mankind’s life.

She is miserable alone in the asylum and is continually drawn back by her loneliness, therefore she needs love and care. She acknowledges that living in an asylum is her fate, but she resists and manages to break free from the chain of the cage. Here, she welcomes her new friends, Anuj and Sagar, who are both intelligent and regular visitors. She is a remarkable young woman who is different from everyone else, and she should make use of her skills. The narrative shows that if we have the courage, tenacity, and willingness to live, we can change our course in life.

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