



Homoeopathic Management Of Renal Stones: A Case Study

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Abstract: Renal stone is a condition causing considerable morbidity and financial burden to community. its recurrence is quite common. It manifests as pain in flanks and burning micturition rarely blood in urine. Homeopathy is effective not only in removing the sign and symptom of renal stone but also the recurrence of this disease. Homoeopathy works on individualistic approach of the patient. Homeopathic medicine will treat the patient if the symptomatology of the patient is matching with that of medicine. In synthesis repertory much importance is given to mental generals and physical generals. Synthesis repertory is based on INDUCTIVE LOGIC i.e. from Generals to particulars. All general symptoms and uncommon symptoms are important. In this case, synthesis repertory was taken, and the results were satisfying.

Index Terms - General symptoms, uncommon symptoms, mental generals, physical generals.

I. INTRODUCTION

Renal stones are depositions, formed in kidney, having variations in sizes. It causes pain when it is passed. The deposits are made up of Minerals and salts of acid which combine together in the highly concentrated urine. Renal calculi are result of two basic mechanisms first being the crystallization and precipitation of salts in urine and secondly deposition of calcium oxalate on a renal papillary calcium phosphate nidus. When passed, these can be troublesome to the patient because of the pain and generally causes no irreversible damage. Usual symptoms include pain in flanks, pain in micturition, nausea –vomiting even sometimes blood in urine. The management of renal stone can be done with proper hydration of the patient along with homoeopathic medicines.

Synthesis repertory in brief-

Synthesis repertory is based on Kent repertory and is a part of Logico-utilitarian group of repertories which have a definite philosophical background. This repertory is based on generals to particulars i.e. General symptoms are given more importance than particulars. In this repertory, MIND chapter is much elaborated and the last chapter Generalities is also of very high value. Rubrics follow definite pattern of side, time, modality and extensions throughout the repertory.

Working of Homoeopathy in such diseases-

Homoeopathy is a system of healing with Dynamic medicines, based on a fixed principle i.e. Similia Similibus Curentur. In this repertory general symptoms are given much importance than particulars. Generals symptoms are the ones which reflects the patient as whole and these symptoms help to individualise the patient.

Case study-

A 42 year old female patient admitted to our Indoor patient department of Sri Ganganagar Homoeopathic medical college, Hospital & Research Institute, having severe sharp pain in Right lower abdomen since 4 days. Patient had burning pain during, micturition, nausea and vomiting.

History of presenting illness- complaint started suddenly 4 days back.

*Past History-*Has suffered from hypertension before 10 years.

Family History- Both, mother and father are hypertensive.

Personal History-

Married,

vegetarian.

Patient runs a shop at her home.

Menstrual history- Regular for 5-6 days with no associated symptoms

Stools: semisolid, once in a day, Satisfactory.

Urine- pale , yellowD6-7, N 1

Perspiration- profuse

Desire- Hot things

Thirst- 10-14 glasses/day

Mind-

Irritable,

Anxious about health,

Sadness.

Analysis & Evaluation of the case-

For this, symptoms of mental generals and physical generals were taken.

Mental Generals-

Anxious about health

Irritability

Sadness

Physical Generals-

Perspiration profuse

Desire for Hot things

Urine pale color

Burning micturition

Pain during micturition

Miasm-

Predominant miasm in this case is psora and sycosis.

Repertorization of the case-

Synthesis repertory was selected because this case has prominent Mental Generals and Physical Gnenrals.

Repertorial Totality

1. MIND- IRRITABILITY
2. MIND- ANXIETY-health, about.
3. MIND- SADNESS
4. GENERALS- FOOD AND DRINKS- warm food, desire.
5. GENERALS- FOOD AND DRINKS- warm drinks, desire.
6. PERSPIRATION- PROFUSE.
7. URINE-COLOR- pale.
8. BLADDER-PAIN-burning-urination- during.
9. BLADDER-PAIN- accompaniedby- abdomen complaints.

Fig. Repertorization

Prescription and follow-ups-

17-08-2023

Lycopodium 30/one at 9AM (Hot Patient and desire hot things)

PL30/TDS at 1 PM, 4 PM, 9 PM.

18-08-2023

PL30/TDS at 1 PM, 4 PM, 9 PM.

complaint remained with slightest relief.

19-08-2023,

Lycopodium 30/one at 9 AM

PL 30/TDS at 1 PM, 4 PM, 9 PM.

Relief of symptoms of pain in Right lower abdomen and painful micturition.

20-08-2023,

PL 30/TDS at 9 AM, 1PM, 4PM

21-08-2023

PL 30/TDS at 9 AM, 1PM, 4PM

But anxiety and nausea vomiting still persisted so at 9 PM, Lycopodium 30 one dose was repeated.

22-08-2023

PL30/TDS at 9 AM, 1 PM, 4 PM and 9 PM

At 1 PM and 9 PM vomiting was there.

23-08-2023

PL30/TDS at 9 AM, 1 PM, 4 PM and 9 PM

24-08-2023

again pain in lower abdomen was there so Lycopodium 30 was repeated, and at 1 PM pain was relieved, nausea and vomiting was relieved. At 4 Pm patient was much better, so was discharged with Lycopodium 30/one dose and PL30/BD for 7 days.

On 31-08-2023, patient reported saying some particles were there in urine before 4 days and she has been taking medicines even after that and she has no symptoms now. Then Lycopodium 200/OD for one day and PL30/TDS for 6 days was given.