



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS (IJCRT)

An International Open Access, Peer-reviewed, Refereed Journal

Impact On Middle Class Working Women (With Special Reference To The COVID-19 Epidemic - A Sociological Study)

RANI PRABHA SOLANKI

Assistant Professor, Department of Sociology

M.V.S.College, J.R.N.Rajasthan Vidhyapeeth (Deemed to Be) University, UDAIPUR-313001

Summary- The time that is going on today is in very difficult situation, this epidemic has become a panic for the common people, this effect is visible on middle working women. It is given because these women playing double role have been affected in various ways like socio-economic responsibilities and mental pressure. During this COVID-19 Epidemic. Due to the lockdown on middle-class working women, due to their office work and domestic responsibilities, they are under a lot of stress. This problem is very serious, so based on some case studies analyze some women and discuss them.

Key Words- Corona epidemic, middle class women, dual role of women, domestic responsibilities.

Women have multi faceted roles in life, from the time a woman is born, she continues to move forward, performing her roles in the best way of death. A housewife who is also a working woman, apart from household chores, Responsibility, her role has suddenly increased, this corona epidemic and lockdown has caused extreme mental stress on the middle class woman.

ANTONIC GUTERUS, the UN secretary – General, states that ever –increasing infection of the corona virus in the world has adversely affected the social and economic condition of women due to which social inequality towards them has increased considerably. He said this while giving information about the united nation policy 2020 and also said due to the epidemic the health of women their economic condition and social security has been severely affected, violence against women has also increased considerably.

The problem of middle class working women are very serious, as they have fulfill their domestic responsibility along with working, but due to corona epidemic, they have to show many effects financially, mentally socially etc

According to a survey, 47 percent of working women are feeling more pressured by the corona epidemic.

Corona Pandemic Affect on Working Women

while this figure is 38 percent among men, which is lower than that of women, this was concluded in a survey for online professional network link nearly 50% of India's women are feeling more pressured of the COVID 19 epidemic, according to this survey conclusion that the working women of the country are being affected emotionally due to epidemic. According to these women she is feeling a lot of pressure or discomfort. 38% of working men feel pressured. LinkedIn on Thursday made its tenth edition of the workforce confidence Index. This survey shows the confidence of the India workforce .the survey was conducted from July 27 to August 23 among, 2,254 professionals and assessed the impact of the epidemic on the working man and women of the country.

MORE IMPACT ON WORKING WOMEN OF INDIA THAN ABROAD

In this era of corona epidemic, women are facing a variety of choicer from home to job. According to LinkedIn opportunity index 2021 survey report, women of India have been impacted more than working women abroad, fighting hard for working and salary, they are rated lower than men most domestic responsibilities. the burden of this is an them as well as they are also taking care of their office Due to lockdown , the women of middle class family have to work for lower salary, office etc. work from home due to which the responsibility of children has increased.

A woman has to plan her work by making her timetable as well as completing her office work from home smoothly.

There are different kinds of household chores such as sweeping, mopping, utensils, snacks, dinner, washing clothes and if anyone young children aged 0-3 then this is a because of this problem. Time is also forbidden to enter the house of the housekeeper bai (Maid), so every house work has to be done by itself, there was many tasks in the house, in which women spend all their time in home work instead of their career and job. Therefore many women have to face many discrimination. The reason for this discrimination is also due to domestic responsibility. About two – thirds of working women say this. 21 percent men of the agree to low pay, discrimination is positions 77 percent of working women considered domestic responsibilities as the reason 37 percent of working women are given low wages and opportunities.

The economic condition of women is very weak

In the country (Delhi), where the voice of women, empowerment is elevated, the economic condition of those women is weak. National University has prepared data on working men and women in the country. According to a recent report of a University, 92% of working women in the country get less than 10,000 rupees per month. In this case, the man is in a slightly position, but the surprising thing is 82% of the men also get 10,000 monthly salary.

According to the report, in 2015, 67% of households at the national level had a monthly income of Rs.10,000, while the seventh central salary was Rs.18,000 per month, which shows that a large section of the people in India are not proper payment as wages. Amit Bansole, Assistant professor of Economics and lead author of the state of working India, 2018 report which raiser the unemployment rate in a year and a half, told the media Via e-mail from Bengaluru, "The figures are labor The Bureau's fifth annual employment–unemployment survey 2015-16 is based on. The figure is across India." "He said metro cities will have a different position as these cities have higher incomes for women and men then in villages and small town." Therefore, this mentality is more than cleaning the house, responsibility of children, utensils, clothes etc. many small big thing, not only women, men. Now currently this thinking has changed but nothing special, the whole family has

read and written, working but still hoping that a woman is doing all the work from morning tea to every member of the household, she swears by herself for examples, at one time she is looking after the child, still has clothes in the washing machine, utensils are still in place, husband needs tea because the husband does not make the tea himself nor does any other member of the household, so in the end she working, she has to work from home because of lockdown, this patriarchal thing, she is still intact today, all work has to be done by the women only. This mentality probably resides in the thoughts of a person somewhere. Due to this many types of influence are seen in working women in middle class families.

Sengupta 2020, says that there is also a gender aspects of lock down which has not gone unnoticed by this, the division of work of women and men is not equal in most of household. The wife has to do relatively more work. Women who are not employed, also have more workload. In this way, first husband and children used to go school, office, then there was a little time, due to lock down, the whole day is spend in finishing the house work.

Corona Virus is a Crisis on Women

According to BBC News, to new global data from UN women, we can log behind the 25- years- old increase in gender equality due to the corona virus epidemic, due to the impact of the epidemic on women families. Is talking care of and doing more domestic work.

ANITA BHATIA, deputy executive at UN women, says that all the work he have done in the last in a year. Opportunities for employment and education may end, may suffer from poor mental and physical health, according to which the increase in woman has increased the risk of reestablishing sexual stereotypes of the 4950s.

According to Anita Bhatia the most worrying thing is that most have the women have given up work because they probably had more responsibility for care and no one else was there for them. UN women warns that declining working women will not only effect their health but also economic progress and independence.

Here, an attempt has been made to analyze some of the women in their personal studies in which their names have been changed, this study is of two working women of Udaipur, sector-5, how they are able to give their family and live in lock down. An analysis of the work done for her office, what effect it has on them, has been presented.

CASE-I

A female Kamla (changed name) who teaches in a private school, she used to teach class 5 before lockdown started. Kamla says that she belongs to a middle class family, for them, time is like a luxury which is her family members who are mother in law, 10 years old daughter and their husband cooking in household chores , clothes, etc. they do not get time at all. I used to get up at 5 o'clock in the morning, I was writing a book as well, I had to set the time of online meeting of the school children, so I used to complete my school work 5-8. At that time I run a machine, everyone's sleep if it was bad, then the work of breakfast was done first, after that it was 2o'clock while doing from, cleaning utensils etc. Then it was time for lunch, it used to make vegetables, bread, rice and curd all of them. Then all those utensils had to be cleaned.

Kamla says that both of our husband and wife were working from home, but both of spend time in different ways; My husband worked from 9:30 to 6:30 pm, they could sit inside and work, but I couldn't get this facility, I thought it was bit wrong, but other responsibilities would have to be done. Kamla used to say that 80% of the household work involves teaching the child at the same time, without having to pay. According to kamla, 1-2 months were very frightening, very upset and even more tired. Now this situation is quite worrisome are involved in increasing oath burden. Kamla says that before dusk, I used to change out with my pet dog (sheru) then it was time for dinner, my daughter would help me in my kitchen, but I think she would late me and me down. At 8 o'clock in the evening, T.V. would be closed and sent to sleep. Now 9-11 was the time of my personal book that I am writing. I spent a lot of this whole day at 11 in the night, I used to get very tired and them go to sleep at 12 o'clock. That's how i used to spend the whole day.

Case-II

In the second study, there is a women vinu (changed name), she says that she was the manager of an incense sticks factory, but due to lockdown, the factory was closed had to work from home, the salary now only came to 10 thousand. We were six members in the family, husband's salary was not much more that 20 thousands, financially weak situation, very difficult household expenses, money is very essential for human being she said, there are so many thing in daily life like, goods, eat, kids study etc. had become very pathetic and at that time and salary would have ended in the 15th date, the house went very hard on those days.

Vinu says that a women does the housework, carries out all the responsibilities well, yet she neither gets salary nor respect, does everyone in the house have the same mentality that a woman has to swear at home, whereas there is also no appreciation and neither importance nor importance. Probably because there is a no payment of housework. The epidemic has show that unpaid work is in fact a social security for the world, making it easier to work outside the home, while it hinders opportunities for domestic women to move and get jobs.

Women who do more unpaid work, do not have time to work for the job, as a result, they become financially insecure. It is not a just a question of rights, it also has economic significance that women also participate fully in the economy.

Therefore , on the basis of the two person studies and from any own experience, it is known that in this era of epidemics, women of working middle class working families have a great impact socially, economically and mentally

SUMMARY

According to the Indian council of medical research, this environment of pandemic (COVID – 19) is affecting health of women, financially it is suffering a lot, and is very mentally disturbed, they swear the burden of feeling so much is that as the burden of the whole world is an the women to cannot take care of themselves in excessive responsibilities. So keeping this in view, you can take care of theses thing to keep you mental and physical health right, which is farther described under the suggestion.

SUGGESTION

In the suggestion, the first thing to keep in mind is often only for the women because they want to fulfill all the responsibilities so first of all they need take care of their health and they are the following

- (A) First of all, women do not need to take much load, whatever work you have to do, do it peacefully;
- (B) It is a certain that if you are sick too, you have to complete the work from home and office, so you have to take care of your health.
- (C) If there is a situation like stress or pressure, then you should think less about something or thing less.
- (D) Women find themselves in trouble with the superwomen, as they have neither the capacity nor the time they still would like to fully fulfill all the responsibilities, they should leave the work which is not done them.
- (E) We want to keep all happy all the time, but we should to not forget that we can never fully satisfy others, we should work as much as we can.
- (F) You should stay healthy during this pandemic, it is very important, the family will be very sad due to your fall, because only woman can take care of the whole family, so she has to do all work, so she needs yoga, pranaayama, exercise and hot water daily Drink and take full care of yourself, and always keep yourself healthy, eat food on time, be mentally calm, work slowly -slowly, do not take any kind of stress. Therefore, the participation of women in the group of policymakers should be ensured and all levels and the data on all epidemics and similar conditions should be made available in public form so that generally and women can know and understand done. It is very important every women to be aware it is because nothing is possible in the absence of awareness. There are all plans, all the things are allies but nothing is possible in the absence of awareness.

REFERENCES

- 1) Guterres, Antony.2020. "Social policy, COVID-19 and impoverished migrants challenges and prospects in lockdown India" in the International Journal of community and Social Development. Vol. 2 ISSOE 2:152-172
- 2) Langmbu, Sendrine and Btrlee Emilee, 2020. "Corona virus head big crisis on women." B.B.C. 100 women, 3 Dec. 2020.
- 3) Maury, Anuj, 2020. Navbharat Times, 10, Sep. 2020 04:38:05 PM.
- 4) M. Patrika.Com/ amp.news/m.
- 5) Sengupta,S. 2020. "Social Policy"COVID-19.and impoverished migrants challenges and prospects in lockdown India" in the International Journal of community and social development. Vol.2, ISSOC2:152-172
- 6) State for working India, 2018. Sustainable Employment Center Labor Bureau, Fifth Annual Employment Survey 2015-16.
- 7) Singh, Ramesh: 2021. "More impact on working women of India than Abroad." 11, March, 2021. 09:59 PM. IST