CYBER BULLYING

[1]Nikhil Maurya,[2]Ayush Binjola

[1]Master of Computer Application,[2]Master of Computer Application
[1]IT –Department of UIM,
[1]Uttaranchal University , Dehradun, India

Abstract: This study is undertaken to understand what is cyber bullying by using various data that we come across through different research paper, what is psychology of victim and oppressor and how cyber bullying is performed on digital platform, what are the effect of cyber bullying in the mind of the people, who gone through such trauma. Cyber bulling variable includes ,process, meaning, victims ,preventive measure,features. Paper also discuss how we can handle cyber bullying.

Index Terms **- Meaning, Process, Victims, Reasons , Impact, Prevention , features, Cases.**

I. INTRODUCTION

Cyber bullying means harassing people using digital platform, Various way these harasser can reach to their victim by messaging,calls,social media, gaming. It have adverse effect on victims mind like depression ,fear , tension there is a strong probability that they make commit suicide,

Cyber bullying it is a manifestation of coercion or harassment using digital means, in simple word online bullying. Today it is expanding with rapid rate due excessive use of internet by youngsters. They use social media as a power to harass victims online.

Cyber bullying is done by the bullies in three forms Direct, by Proxy, by Public.

I. Direct:- assault are among the oppressor and victim only, without the involvement of any other person, In maximum occasion victim knows the identity.

II. By Proxy:- in proxy victim is indirectly assault by the oppressor. It means oppressor is assist by someone to harasses the victim and hide his real identity.

III. By Public:- Cyber bullying may also embroiled the publicize of the aloft-mentioned behaviors to large viewers through mediums like social media, website or blog. Process may include, building fake social media account of other individual.

.

II. WORKING OF CYBER BULLYING

a. Mainly Cyber bullying commences from social media, but email, or instant messaging common media too.

b. Directly messaging: Directly messaging is harassing them with an online group, Negative feedback and comment in an online posts

c. Phone Calls: Repeated Phone calls and voicemails that insult the recipient.

d. Typical Cyber bullying speech posting comment on a photograph. Without someone approval sending their offensive/vulgar videos and photos-("Rolando Peraza").

e. Leaking/Forwarding personal

f. Stalking: It is an undesirable or continual monitoring by an discrete or class of another person, basically any undesirable association among two persons that communicate any type of menace or point fear in person's heart is known as stalking.

g. Friend Request: Repeated friend request from knowing and unknowing person-("Rolando Peraza").

h. Gaming: Messages in online gaming someone sends hurtful messages to a child in an online game.

i. Hacking, masquerading and false acquisitions: Teasing and make fun in a negative manner causing emotional distress. Hack into a someone personal accounts and harasses them from with their own user profile.

III. WHO ARE CYBER BULLIES

Previous year there were around 20-30% youth among the online harasser .

Features of teenagers excepted to being cyber harasser.

" Youth Internet Safety Survey" give this report that male harass other more than a female this frequency is near about once or more than once in a month while on the other hand the growing up media found that male and female participate equally in persecution. Commonly harassers have trait of aggression and they are persistent to shatter regulation and rules. Teenagers who are in habit of bulling other repeatedly show's problem like depression and not wanting to communicate or engage socially, two time more than the teenagers who do not perform cyber bullying. Those who have complication in focusing and have low grades in school have a highly probability to keep going bullying

IV. PSYCHOLOGY OF CYBER BULLYING

Cyber bullying happens for many reasons. There are two types of Cyber bullies. One who are popular and second one is who are less popular socially.

Those, who are popular may bully because:-

- They may want to stay popular-(Delete Cyber bullying).
- They may feel Powerful when they hurt others.

Who are less Popular socially they do bully because:-

- It helps them to face their low self confidence - (Delete Cyber bullying).
- Some bullies want to show their peers that they are "cool "and want to Fit in with their peers.
- Some bullies want to embarrass the victim because of personal reason
- They also want to threaten to victim for money ,Some bullies also do Cyber bullying for fun

3.1 IMPACT OF CYBER BULLYING

In young people, there are many symptoms we can see that they are facing problem from cyber bullying.   Low self-esteem:- Low self-esteem is characterized by a lack of confidence and feels badly about oneself [2].   There are also some changes we can notice like mood swing, including despondency, timidity or rage. Transmute in character, showing bad behavior at school like fighting with friends. Transformation in physiognomy together with loss of body weight , As they are not taking proper diet .Communal Disengagement with family and friends. Indication of self inflicted pain:- like any cut in body part from knife and Blade. Over protective towards their Cell phone/Laptop, showing low performance at school, refusal to attend school are some serious impact of cyber bullying.

3.2 PREVENTION FROM CYBER BULLYING

Sometime Argument between two people is called 'Bullying'. If someone become cruel again and again then it's not your mistake and for that don't blame yourself.

Sometimes bullies are waiting for you to react on their activities and when you react they think they get power over you and you don't need to empower bully.

- Save the evidence: - One plus point for victim in cyber bullying is you can usually captured, saved and shown to someone who can help.
- Ask bully to stop: - Tell the person to stop bullying because you need to clear your position that you will not allow anyone to do this with you.
- Reach out for help:-You deserve back up. Look for someone who can listen you and help to take you out from this. They may a friend, relative it may be any adult whom you can trust.
- Protect your account and use all tech tools from which you can secure your account.
- Secure your device with password so no one can use it in your place.

.

Most of social media app has block option. Heather the harassments in an app, texting, comment, and tagged photos do one thing just block the person. If your harasser call you and threaten you for physical harm call the local police (with the help of parents).

If you ever see any person being bullied take action against it.

3.3 CASES OF CYBER BULLYING

Megan Meier

This is a tragic story of Megan Meier where her despondency becomes worse by cyber bullying. As she has past history of acute despondency since the age of eight she was already on antipsychotics and antidepressants medicines. These were only aiding her a bit while she was suffering from her psychogenic sickness.

Her story goes like this. A girl residing next door formed a fake MySpace Account and pose herself as a boy named "Josh Evans," As time start passing Megan start attaching to this man and even started having private conversation, but her trust have fatal blow when her private message made public by him he openly make a remark that "world would be better without her."As she was likely to be influenced by depression, accepting that comment. She told him that "you're the kind of boy a girl would kill herself over," she took her life in her own bedroom. She was just 13 years old [3].

David Molak

This is another horrific case of cyber bullying where a handsome boy name David Molak who become another victim of cyber bullying.

He was bullied by student at his school. As they were in process of posting him offensive and distressing message and this become the root cause of agony from acute despondency. David was used to be life of party but now he starts avoiding them. All things are reciprocate as trauma start draw area over his mind. He lost enthusiasm and interest in everything. When he was 15 years old, he hung himself in his backyard to avoid the bullying [3].

3.1 ASSOCIATION BETWEEN BULLYING WITH SUICIDE

Mass Media often correlate bullying with suicide, but in reality large ratio of youth that were bullied do not have suicidal tendencies. But this is also a crucial fact that children's that are bullied have high probability that they may perform self- immolation, but it's not only source of it. Other factor also contribute that person forced to perform self-immolation like despondency at home , family issues, agony in past, particular category have an high probability of committing suicide which includes lesbian ,gay, bisexual and transgender youth. The chance of them committing self –immolation escalate when these youngster are not backed by their parents, friends and institution.

IV. CONCLUSION

In the above mentioned research paper we have tried to reviewed the meaning of the cyber bullying, how it works? Its drawbacks, process of cyber bullying, how we can prevent it through legal actions/methods. And also mentioned two cases based on cyber bullying. In present era a lot of research work has been conducted on the bases of which we can say that cyber bullying is a major problem of modern man where boon of information technology becoming a curse and to prevent that we need to implement strict actions on people who indulge in such activity so, that we can give bully free society to our upcoming generation.

V. ACKNOWLEDGMENT

REFERENCES

[1] [https://www.stopbullying.gov/blog
[2] https://www.psychalive.org/low-self-esteem
[3]https://www.familyorbit.com/blog/real-life-cyberbullying-horror-stories